

# THE CELESTIAL TEMPLE A SPIRIT BABY ORACLE DECK GUIDEBOOK

WITH INTUITIVE AND CHanneled WISDOM FOR EVERY CARD

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## Author's Note About This Deck



The name Celestial Temple was given to this deck to represent the vessel that is the womb. It is a sacred space, much like the religious and spiritual temple imagery throughout the deck, that deserves honour and worship. The gift of our spirit babies and our connection to our spirit babies is one that is from the aether; it is celestial in nature, and Divine beyond measure.

The imagery of womb-an with their babies and hand-holding was intentional; this is a deck that is meant to inspire, bring hope, and that works from a place of love. I know that many women associate pregnancy and images of pregnancy with fear, and so, to help the visualization process while working with this deck, I intentionally chose physical and tangible images of life, earthbound, with a baby.

In addition, while the images I used to create my collages are free for commercial use, and the parents have given consent to their babies' images being used in creative endeavours, the babies themselves cannot give that same consent. I am very much against the use of children's images for monetary gain and their being created into consumable content. As such, I have intentionally used starlight to block any baby from being identifiable in my deck. This is also meant to help with the visualization of communicating and seeing a child with your features.

Throughout this guidebook, you may see pieces in "*quotations and italics*" - this indicates that what has been written was clairaudiently heard (by me, a clairaudient medium) and scribed. I do not alter, edit, proofread, or adjust anything I channel and scribe.

In 2022, I began to channel a text called *The Kingdom of God was Within Me*. It was a name and a text gifted to me in my dreams, as many of my writings and spiritual creations are. Unfortunately, life grabbed hold of me, and my channelled text was never completed.

I contemplated naming this deck the same, but was told differently. I was told that Celestial Temple is a more approachable and Universal phrase for the same idea. I do believe that there are pieces of that text that are meant to be in this guidebook, and I will share them throughout, beginning with the importance of that phrase - *The Kingdom of God was Within Me* - and the channelled response to my question about this name (What does it mean? Why is it important?) by Ascended Master Mother Mary:

*"This saying, thrown around by Christians with little meaning or understanding, emphasizes the Light energy embedded into each person and the Love energy that they refract. This is the energy of God. All*

*people are connected to and have access to this energy. And, if living a life of Light and Alignment to that energy, they are like God, in the truest sense. We are not made in the image of God, we are made in the Light and Love energy of God. And we are all interconnected through this woven energy.*

*The name was given to you because the soul of a child, especially as they grow within a mother's womb, is of the purest energy. It is the most God-like. It is the most Aligned. You had all of God within your womb, because the frequency of this child is matched with Him. You had God within you. Thus, you had the Kingdom of God within you - because the Kingdom is a plane of Astral energy that is just pure bliss; pure ecstasy due to this energy frequency. There is no pain, there is only joy. You had the kingdom inside you.*

*All mothers hold this Kingdom. All mothers are carrying the God-energy when they carry a child. This is why the rearing of children is so essential and so vital and important and crucial and precious. Because maintaining that frequency on the planet Earth is difficult. So they must be nourished and protected and given endless Love without burden or fear. Just Love to continue to feed this Love energy they are Aligned with.*

*Jesus came and embraced and spoke to and walked alongside the little children because he knew they were Aligned with God much more than adults. He knew they were untainted by planetary woes and could merely be, merely exist, and merely frolic in this Kingdom - this energy of joy. And when people are Aligned with that energy, they also have the insight that comes from God. They also have the knowledge and the wisdom that many adult minds are closed off to. They are most like God and he knew.*

*The child within your womb is most like God. And so, when Jesus spoke that the Kingdom of God is within all men, there is no greater emphasis of the truth in this sentence than looking at the womb of a woman where a baby is growing."*

Whether you are seeking to communicate with your spirit babies in the aether, are on a road - challenging or otherwise - to conception, or have a child growing within you, you are a keeper of the Kingdom. You have a Celestial Temple within you, and this deck is meant to give you the keys to that temple. This deck is intended to help you walk through the doors and commune with the Divine - your spirit baby - within.

Within the guidebook, each card has three reference points: *aether communication*, *conception*, and *pregnancy*. If you're just looking to connect with your spirit babies in the aether, reference *aether communication*. If you are on the road to conception, reference *conception*. And if you are pregnant, reference *pregnancy*. It's followed up with a journal prompt to encourage further reflection.

Some cards may have additional insight or channeled information - whether from my previously channeled text or scribed while reflecting on the particular card, and a few cards have the same intuitive guidance or channeled message shared across all three reference points.

Your womb is sacred. Your body is sacred. You are sacred. And your spirit baby merely awaits your knock for the door to be opened.

May you find healing, comfort, and joy within this deck, for that is what it has brought me to create it.

xx

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# INTRODUCTION: AS CHANNELLED IN “A KINGDOM OF GOD WAS WITHIN ME” - ANCIENT WISDOM OF THE WOM(B)AN



## *Author's Note on the preceding introduction:*

This book first began before I started Awakened Little Souls (.com), before I was doing Spirit Baby Readings, and prior to my channelled text, Celestial Genesis: Spirit Baby Handbook.

A lot has changed since then, including going through another pregnancy, the birth of my daughter, the release of other texts, and the growth of my spiritual business. I put this book on pause because I felt disconnected from it, and then believed that perhaps it should be written when I was pregnant again. I did not work on it at all during my second pregnancy. I continued to feel quite disconnected from it, overwhelmed by the thought of completing it, and have only now begun to find the time to tune-in and reconnect with my history writing and protecting this text. Decided to add aspects of this text to this very transformative oracle deck project felt fitting.

There is an insecurity that I have written about and kept in this text that no longer exists as it once did. I was insecure about a completely channelled book - but have since written one. I thought this channeling would be beneficial to the growth of my scribing gifts - and my gifts have since amplified tenfold. I was insecure about the responsibility of birthing this text, but have since come to disconnect myself from emotional reactions to my spiritual responsibilities. Regardless, I did not want to erase how this text first began, so the introduction to this deck remains as it was before I took a break from writing.

C: Why was the name of this particular book given to me? Why must I write this text?

A: *“Because we know what is the best next step for your soul journey. We know what is best for your soul contract. We know the next steps required to fulfill that contract beyond human understanding.*

*There is a transparency that appears during your subconscious dream state that allows us to insert into your mind's eye exactly what you must do and what you must create to fulfill what you have come on this earth to do. Human understanding only goes so far and the distractions of your everyday may make it difficult for you to focus on the project you're meant to be involved in. This is just human error, not yours in particular. It's not like you don't know what you're meant to do or create, because on a spiritual level,*

*you do. And we just Awaken that core memory within you so that you can proceed and create what you are meant to be doing."*

C: For this particular project, who are **we**? Who has guided me to create this?

*A: "We are laughing because you know the answer. Mary, Mother of Jesus Christ, has not been showing up in your present human life for no reason. She is the central figure guiding this particular project. In addition, the world of Ancient Egypt has Awakened in you; a memory of your youthful obsession. This is because you created a similar text that was guided by the gods and goddess of your time, in 473 BC, and presented this text to the royals. It was a text that was also Divinely Guided on the subject of child-raising, motherhood, and birth from a spiritual perspective. It was a transformative text in this timeline. You are meant to reproduce it in your present timeline for a new batch of mothers, a lost generation of souls, and a far more complicated world of spirituality."*

C: Do I have anyone from that timeline, or any gods, goddesses, or guidance that is helping me re-write this text?

*A: "Yes, they are all with you. The priests and priestesses that you worked with to manufacture this text, they have fractured. With some of their spirit presently living on this earth (you have not and will not encounter them) and with some staying as guides, behind. They will help inform this text. Isis is also present, as is Hathor, who will both help strengthen your supreme goddess connection, a connection that is amplified through pregnancy and subsequent motherhood."*

C: Where is this text that I wrote in that lifetime?

*A: "It was destroyed, considered heretic material, in 121 AD. The words were filled with too much Truth and too much strength that it was horrendously feared. It is not hidden in any cave, it is not buried with any royal. It was burned, and then the ashes scattered. This is why it needs to be rewritten. This is why we require you to create this book again."*

C: The book lived on for a very long time. Was it always used by the royal family?

*A: "No, it was stored in an archive as sacred knowledge that could only be accessed by very gifted and studied midwives who could consume, understand, and handle such Truth for their practice."*

C: I only have one child [\*note: this was written in 2023, I now have two children]; I do not feel as though I am knowledgeable in this subject, enough to write an entire book about this. Why must it be this book?

*A: "Why must it be – so many things! So many lessons through life, so many journeys, so many projects, activities, challenges, you have asked us the same thing. And: what? What came out of it all? Growth."*

*Abundance. Joy. Everything required to live a more soul-fulfilled life nearing your completion and Ascension.*

*I hate to say, you just have to do it. And some famous words you say are: you get what you get and you don't get upset. But I must treat you like a child in this moment and tell you to just proceed. Just do it. Just trust us. It will come from us. It will be a much easier book to compile than your last, which took diving deep into your trauma and acknowledging it from a higher perspective to offer your guidance. This is all us. We've got you. Just write, as you are doing now."*

**C:** I'm not sure where to go with this text. Can you help me out?

*A: "Wisdom is ACTIVATED. Ancient knowledge is accessed. We are transmuting all content and documentation from your first motherhood book in Ancient Egypt into your soul-center now. This will be revealed with adjustments to present times, and with additional information that allows for mothers of the present day to consume and transmute the information into effective spiritual parenting in their own lives.*

*This information is essential, especially as the power and beatitude of the Divine Feminine has been lost in the noise of "independence" and "anger." This rooted feminine united with Gaia is the grower and bringer of life, and that connection is vital for the nourishment of the child and subsequent nourishment of the mother after birth. Divine Feminine roots are essential to walking this path.*

*The Divine Feminine was feared for so long - even by you. The words alone made women turn away, because they were taught that it represented weakness or subservience to men. But this is not the fact at all!*

*The Divine Feminine is life-giver and nourisher of the entire planet and all living things upon it. And it does not serve the Divine Masculine, but is watered by him. He cannot access her resources unless he cares for her. This plant will not give life unless it is given compassionate care, as well. One needs the other. The man will not be able to be nourished unless he also nourishes the female. Woman cannot create life without also being ensured they are cared for in the process of growing this life. One cannot survive without the other! There is balance and harmony in all things of earth, and this is necessary!*

*There is a strange association with feminine as weak - with the word feminine as being submissive. But feminine - the Divine Feminine - there is nothing stronger! Look at Gaia and come to recognize this soul-centered strength! It is immeasurable! And it cannot be contained, it just continues to seed and spread and grow!*

*Initiate.*

*The wisdom arrives.*

*The knowledge of ancient texts will begin to flood these pages.*

*Prepare yourself for its arrival. It begins now.*

*There is a sacred belonging that begins at conception which elevates the woman to goddess status with profound Kundalini Awakening and direct attachment, like an umbilical cord, into Gaia. Between this umbilical cord shared with Gaia and the woman with life in her womb, there is an intense exchange of nourishing God-like energy that feeds, sustains, and empowers both mother and Son (life).*

*This is a connection that will never be felt or understood by man - it is sacred and secret and exclusive for the carrier of the life-providing womb and it begins and connects immediately at seeding, and it can never be broken - even if life does not continue to full term. This immense power through connection can create envy or Ego among men because although the God Source is an energy of Divine Masculine, the power of WOMBan and the elevation of Ascension is unattainable for any man [in this way].*

*Though mentors, masters, and gurus through the ages have been predominantly male, this is mostly amplified in focus because of Ego, while the GAIA Ascension energy is profoundly quiet and humble.*

ILLUMINATE.

ACTIVATE.

LET THE INTERCESSION OF THE VIOLET FLAME INITIATE.

*With motherhood comes a soul expansion, which is why animals are often the first to detect pregnancy. The aura of a mother is extended by five feet at conception to protect and provide optimal energetic nourishment for the most vulnerable beginnings. This shrinks and diminishes as the pregnancy continues because the mother's bond with the unborn soul creates a hard auric shell around the mother - like a universal soul-egg - that becomes impenetrable by the time labour begins.*

*The Illumination of Isis also occurs following three months of conception and remains imprinted on the woman for infinite access regardless of whether the life in the womb goes to full term or does not."*

### **What is the Illumination of Isis?**

*"An ability to traverse through a goddess portal and receive boundless information about all life on earth - plants, animals, humans - and to transmute this knowledge into healer modalities and healing medicinal concoctions. Once again - this portal cannot be accessed by man. Irregardless of past lives lived as a woman, this portal only opens for a soul during their present incarnation and closes when [they are] disposed."*

### **How can you access this portal?**

*“Through the Illumination of Isis Meditation. Meditative focus must be made with a flame to call for the Light of Isis, and chimes, tuning forks, and singing bowls must be played to activate the frequency alignment. Isis will give you [her] wings to enter her portal and you will leave with information allowing you to further step into the role of all-healing mother.*

*Access is restricted to those of third-month gestation merely because it is not energetically safe for the unborn to traverse the portal prior to the second trimester. The space is too idyllic, and they may be tempted to unseed and stay behind.”*

*“Under the table of the cloaked feminine hides the doorway to the heart of Isis and Kahptah ceremonial conception initiation. There is complete access to this entryway by the wondering and the willing who wish to bring in the joy of new life, and wish to welcome a spirit into their bellies, and nourish them until their expansion onto earth.*

*This doorway emerges and opens with the following prayer:*

*Alight, illuminate, light-bearer of the Divine*

*Bring forth the womb and open its portal*

*Let the fingers of Sophia touch the walls*

*And Awaken the life-bearing sounds within*

*Let the doors to motherhood be unlocked*

*And all entryways be flown open*

*For the time is now*

*That the Feminine Awakens*

*And life begins*

*Ptah speaks life into existence and so, too, does the entry of the Spirit into the Womb. They make an agreement with Creator to whisper and be sanctified into the Feminine and united with the Divine. Ptah holds the hand of the spirit who has chosen their mother and guides them towards that Sanctimonious Union and bond that cannot be severed, no matter the circumstances or situation. Once connected through the Umbilical - a physical representation of the etheric cord of the Divine - forever connected to the Mother.*

*Let us begin the journey.*

*The bridge is set.*

*The key is in.*

*The womb Awakens.*

*The Celestial Temple is open.”*



## CARD 1 - PATIENCE



*This path is yours to walk, so embrace the confidence that comes with that knowing. A child simply waits for the perfect moment to enter. You **are** mother.*

### **AETHER COMMUNICATION**

Your spirit babies are ever-present. There is no rush to get to a contract that has already been signed. You can take comfort and settle into the wisdom of understanding that such a journey is not a race, and you must set your pace to that of the Universe.

*"Patience is a gift that rises from the Root in the grounded trust of Source."*

### **CONCEPTION**

Though it may feel as though there is no positive test in sight, know that you are not being tested and not intentionally tortured with the grueling wait. Your spirit baby is just as eager to join you as you are eager to have them. But God's time is the best time, so trust it.

*"Your spirit baby knows every battle you will enter, and knows that they await at the end of the race."*

### **PREGNANCY**

When it feels absolutely overwhelming and you are simply eager to meet this little soul as fully and completely as possible, or when you are feeling you aren't connecting with this spirit baby as you should, know that your spirit baby has an infinite amount of patience to share with you. Surrender to what you cannot control: time.

*"We lift your belly, we lift your pains, we lift the weight of your symptoms. Gently, gently, graceful one."*

### **JOURNAL PROMPT**

How am I mistaking perseverance for lack of patience? What boundaries can I set for myself when it comes to expectations in motherhood?

## CARD 2 - MAKING SPACE



*Create space in your own life for this little one to fit into. Decorate a room for them. Lighten your schedule. Show them they're already a priority. Manifest their presence.*

### **AETHER COMMUNICATION**

If you wish for your spirit babies to maintain a greater connection with you when you are earthbound, it's important to be intentional. If you create a dedicated time to connect with them, if you begin to collect items that will be valuable when they are present, and if you start to navigate your life with greater presence and intention, they will make themselves known.

*"If there is no room for spirit, there is no room at all."*

### **CONCEPTION**

It is not "bad jujus" to buy and wrap that baby blanket for under your Christmas tree. It is not "bad jujus" to plan a nursery before you are pregnant. It is not "bad jujus" to grab a cute toddler dress you simply couldn't resist - with no toddler to put it on. You have the ability to speak your child into existence merely by making space and presence for them. Show them they fit into your life *now* and they will step into it.

*"Stress, fears, and worries take up the most space in the psyche, in the physical - make room through release."*

### **PREGNANCY**

Life is sure to switch gears once your little one is earthbound, and it's important to start navigating the present in a way that welcomes that change - not only so your baby feels comfortable with entering, but also to ensure you, mama, are not too shaken and overwhelmed by the drastic change.

*"It is time to prioritize what awaits you in mere moments."*

### **JOURNAL PROMPT**

What does it look like to make a little life a priority over your own?

## CARD 3 - CELESTIAL SONGS



*Signs from your spirit baby are all around you. Have you been paying attention? The unexpected birdsong, the butterfly past your window, the first star of the evening.*

### **AETHER COMMUNICATION**

Sometimes, if we are incapable of meeting our spirit babies in the aether, we just need to ask them to show their “face” here, on earth. If you ask for signs of their existence, they will be intentional with showing you.

*“A spirit baby is a pure fractal of Source’s love and is ever-present; like a petal on a flower, it exists, it blooms.”*

### **CONCEPTION**

If the process is feeling overwhelming, call for your spirit babies to give you the signs and guidance for the best road to walk to their presence in your womb. Whether it’s clarity surrounding the food you eat, or a clear yes or no about what medical path to walk, they want to help you make yourself most ready for their entry.

*“The whispers of the womb are the loudest of all.”*

### **PREGNANCY**

A spirit baby floats in and out of the womb during most of the pregnancy, settling in the body around 8 months. They are eager to bond, interact, and communicate with you as they play between planes, so ask them for a specific sign and they will certainly deliver.

*“When pregnancy insomnia seems to wake you, know it is your spirit baby wishing to chat when the veil is most thin.”*

### **JOURNAL PROMPT**

What sign did your spirit baby share with you today? How did it make you feel? Where in your body did you feel it?

## CARD 4 - PAST LIFE HEALING



*Uncover and heal past-life karmic burdens that exist between you and this unborn child, or other children you have mothered in lifetimes prior.*

### **AETHER COMMUNICATION**

Prior to my own conception with my first child, I used my dreams to access numerous past-life memories related to traumatic motherhood experiences. This allowed me to release many spirit babies in my auric sphere and to prepare myself, energetically, for a fast conception and healthy pregnancy. Ask your spirit babies whether they're lingering close to you due to your past life connection or if they're intended for this lifetime, and do the work to ready yourself when you are prepared to move forward.

*"When facing our past lives and healing our past selves, we become better for the now."*

### **CONCEPTION**

Any fears you have about conception may be tied to losses or challenges in a past life, whether your own or with your spirit baby. Ask for assistance from an Archangel before you sleep at night on accessing and clearing these karmic burdens, or visit a trusted medium for further assistance.

*"Within our past lives lie the roadblocks of the present. Address them to remove them."*

### **PREGNANCY**

Before you begin (quite likely) another lifetime with this soul, perhaps it is healthy to visit and heal any karma you've shared with one another. This can be done through mediumship work, or through your own dreamwork with your angelic team and soul guides.

*"It is the nectar of soul remembrance that allows us to fully optimize our lifetime with another soul."*

### **JOURNAL PROMPT**

When you think about having been a mother in lifetimes before this one, what images come to your mind? Do not hesitate: write without thinking.

## CARD 5 - INTERCESSION



*When you are carrying the weight of the world and desperate for your spirit baby's presence, ask the angels to intercede; they will step in for healing.*

### **AETHER COMMUNICATION**

Your spirit babies do not want you to suffer. They do not like to see you in pain or struggling. If you wonder how a spirit baby could fit into an already chaotic life, ask your angelic team to step in and ease your weight and worries.

*"You are not responsible for healing the world; you are responsible for healing yourself."*

### **CONCEPTION**

If the path to motherhood has been more demoralizing and heartbreaking than you anticipated, you do not need to carry that weight alone. Angels can only step in when they are asked, and it's fair and acceptable to say to them: "Please, enough is enough, take this weight from me and help me continue to move forward."

*"Anxiety is the enemy of conception; it is the vibrational block of fear that envelopes the ovum and rejects implantation."*

### **PREGNANCY**

If your to-do list seems to be never-ending, if the world around you seems to be falling apart and you feel responsible for saving it, if the pregnancy symptoms are exhausting you completely, if this does not feel like the bliss and wonder you were promised – hand it all over to your angelic team. Your spirit baby does not want you to carry this weight, and they do not deserve to feel the stress of this weight either.

*"Humans were not meant to do it all themselves; we have given you tools for communication with Source for a reason - use them!"*

### **JOURNAL PROMPT**

Write down anything and everything that does not serve you, that worries you, that fills you with fear – and burn it.

## CARD 6 - SOUL CONTRACT



*Understand that this journey together has already been written before either of your incarnations. With this wisdom, surrender to the experience and its challenges.*

### **AETHER COMMUNICATION**

Soul contracts are energetic agreements made at a soul level before incarnation. Some soul contracts focus on timing, growth, and mutual evolution. Take your time and meet your spirit babies when you are ready, knowing you've agreed to this journey with one another - and there is no stopping that.

*"Here I am - signed, sealed, delivered: this baby is yours! Rush not onto a path that requires such sacrifice."*

### **CONCEPTION**

Allow your fears to dissipate when it comes to timing, knowing you have been bonded with this spirit baby long before you were born. Deepen your connection with your spirit baby, focus on living intently in the present, and try and gain further understanding of what healing you need to do before their conception. Soul contracts will only unfold when *both* souls are ready.

*"You will find greater comfort drinking from the well of trust than searching for droplets within the desert of your doubt."*

### **PREGNANCY**

How beautiful it is to know that your soul's DNA has been woven with that of your spirit baby before either of you decided to come to earth. Even how your child intends to enter (birth) is written by both of you - together. Your birth path must align with their birth path. Take solace in knowing that your pregnancy journey is unfolding exactly how the two of you intended it to unfold.

*"It is all planned - beyond your own planning. How it unfolds requires your surrender."*

### **JOURNAL PROMPT**

How easy is it for you to trust Divine timing? How challenging is it to look at difficulties on your motherhood path as lessons of learning? How much control do you seek when you are meant to surrender?

### **ADDITIONAL CHANNELLED INFORMATION:**

*“We begin with the essential: All Births Are Natural Births*

*Whether assisted through with the poppy or the medication of the present day, whether through the flesh or out through the mother’s Divine Feminine vagina, whether in water or in the bed of a doctor, whether at home or across the planet, all births are natural in essence and in purpose, and all births are sacred and sanctified by the Divine. We do not place precedence over any particular method or lack thereof. We do not judge those who require greater medical aid or those who need further soothing. All mothers who release the spirit into the physical have participated in a necessary and natural birth.*

*When your desires for a more Divine Birth are rooted in Ego - for external validation, or to amplify your motherhood over a sister - this has eliminated the sacredness and divinity from the experience, entirely. This Ego will also be digested by your unborn child, and will cultivate, immediately, a change in their life path direction. If your intention or decision is founded upon Ego, we ask you to release this entirely, or do the complete opposite of your intended birth plan to negate this karma, so that it is not passed onto the spirit within.”*



## CARD 7 - SOUL NAME



*Call to your spirit baby by meditating on their soul name. A soul name is the perfect vibration for their soul path and life purpose. Breathe deep and listen closely.*

### **AETHER COMMUNICATION**

While it is not necessary to choose a name for your spirit baby prior to conception and/or birth, recognize the power that names have in your own life. You may find comfort or greater ease of communication if you settle on a soul name for your spirit baby - at this time. You may even wish to give the child the name of an Ascended Master, Archangel, or important figure you trust.

*"Someone you trust is someone you know by name. Someone you love is someone you know by name. Someone you remember is someone you know by name. This is the power of a name."*

### **CONCEPTION**

Chances are, you know in your heart of hearts whether the spirit baby coming in will be male or female. And, chances are, you've named them in conversation with your partner. Do not be afraid that calling your child by name would be bad luck or presumptuous. This spirit baby is Divine in essence and will respond to their vibrational call.

*"You are holy and chosen for I have named you and called you by that name."*

### **PREGNANCY**

Before I was pregnant with my daughter, I met her in a meditation and she told me: "Don't name me with the name you chose; it belongs to someone else, and I need something unique for me." I had chosen my grandmother's name for her. I listened to her request, searched for a name that was so unique that only 42 people in France have it (at the time of writing this) - and it fits her perfectly.

Always keep Ego out of choosing a name for your child, and really settle on the knowing that names have power; the power of that vibrational frequency will follow them through this lifetime, shaping their life path along the way. Choose wisely - and meditate and meet your spirit baby if you can't settle on a name that reflects their soul essence.

*"Say the name aloud, speak it, let it roll off your tongue, bring your child to life - earthbound - with its declaration."*

## **JOURNAL PROMPT**

When you meditate on your spirit baby, what name arises and sits in your heart centre, warming your entire body with the flame of their essence?

### **ADDITIONAL INFORMATION:**

Some souls arrive already singing their name. Long before birth, before form, before breath, a soul carries a harmonic signature. A frequency. A name that is not chosen, but remembered, embedded in the very essence of a spirit baby.

A soul name is the name that best supports their destiny, soul purpose, and evolutionary path. It provides a harmonic imprint that best supports the soul's journey in life. Names are significant to the path of creation, carrying frequency, intention, and remembrance long before form.

*What is a Soul Name?*

It is a harmonic imprint; a vibrational key that supports the soul's incarnation. Think of it like a soul's fingerprint, unique to every spirit baby.

The name received:

- Aligns with the soul's highest potential and life path
- Supports their energetic development and spiritual purpose
- Carries a frequency connected to starlight, stardust, and the cosmic origins within us
- Activates through the throat chakra and holy fire – sound, truth, and soul expression

*What if I don't like the name my spirit baby gifts to me?*

You don't need to name your baby a name you don't like, but it is something sacred you should keep and teach and sing to your child to activate their soul remembrance. Names have power and carry a vibrational frequency, and when a spirit baby gifts you theirs (the one they want for this particular lifetime), there is a reason for it. It can also be the name you use to call in conception of the soul, or simply to honour them while they are aether or womb-bound, prior to coming earthbound.

## CARD 8 - WOMB HEALING



*Spend time bonding with the vessel that is you. Put your hands upon your womb; offer it white Light and Divine healing. Ask the angels to protect the home within you.*

### **AETHER COMMUNICATION**

You are a living, breathing, walking vessel of creation. You are the physical embodiment of the Divine Feminine. You are a mirror of Gaia herself. Your womb - whether growing life or contemplating it - should always be honoured. Take a moment to give gratitude to the glory and grace within you.

*"To be a reflection of Gaia is to be a goddess incarnate."*

### **CONCEPTION**

Do not underestimate the power of energy healing and the light that it pours into your womb, illuminating all within you with an unmatched intensity. Perhaps you need to forgive your womb - and yourself - for it not hosting life as you had hoped, or maybe you need to give it gratitude for all it has given you till now. Whatever the reason for your bonding and honouring, make time for it. When energy flows through your Sacral chakra with ease, joy is amplified, creation magnified.

*"Divine Light enters and transmutes any blockages, darkness, sadness, grief from your womb and sends it into the infinite cosmos."*

### **PREGNANCY**

Consider going to a Reiki practitioner or perhaps getting your Reiki I attunement to perform self-Reiki during your pregnancy. By ensuring that energy is flowing smoothly through your Sacral, you will encourage a greater bond and connection with your spirit baby as well as encourage a smoother delivery.

*"This is your Gaian center, and it is infinite in its abundance."*

### **JOURNAL PROMPT**

What trauma have you been carrying in your womb? How has your soul's creativity been blocked by the world? By yourself?

## CARD 9 - SELF-FULFILLMENT



*Make a life of joy and fulfillment that a spirit baby can enter into, rather than feeling a void without a baby earthbound. Live fully in the present.*

### AETHER COMMUNICATION

Wanting to be a mother and allowing that want to consume you are two different things. You are encouraged to live a life where this is not your only focus, but rather shift to being completely present in the now and continue to work on your self-growth and personal betterment.

*"A life of joy is a flame to which moths are drawn."*

### CONCEPTION

Shortly after having my first child, my spiritual advisor told me, "Your spirit baby sees you all having so much fun that she's too eager to come in!" I was pregnant two weeks after that visit. And it was true: I was living my most joyful and present life, and when I released all thoughts of "next" and "tomorrow" and instead focused on the *now*, I drew more joy into my life - my daughter. Prioritizing your joys does not mean you are forgetting about your spirit baby. It means you are telling your spirit baby, I want you to enter into all this joy; I am making this joy for you.

*"Joy is in Alignment with the God-energy, it reverberates on the same frequency of Love when it is done from a place of Love. This draws in endless abundance."*

### PREGNANCY

Just because you are pregnant and bringing in a new life onto this planet, are beginning to nest and have endless appointments dedicated to your growing womb, does not mean you should put aside yourself. You are the vessel, you are the home, you are the creator of life. As such, you deserve care, attention, and joy. Make room for yourself before there is little room (or time) to do so.

*"The most freedom is found in the present; the most present are the most joyful and free."*

### JOURNAL PROMPT

What does living in the present look like and feel like to you? What worldly distractions keep you from living in the now?

## CARD 10 - REPRIORITIZE



*It is time to leave Ego and the world's earthly cares behind. Priorities will be heavily shifted, and it's time to surrender and adjust before your spirit baby's arrival.*

### **AETHER COMMUNICATION**

Adding life to your home requires a profound shift and an immense sacrifice of the self. Before my first child, I had so much time that I didn't even know what to do with it. I wasted many hours of childless life, and I didn't gradually shift into reprioritizing how I spent my time and focused my energy before my son arrived, earthbound. As a result, my life was quite shaken up. This card is your spirit baby reminding you that reaching them will shake up your life - and your schedule. It's time to become comfortable with surrender, now.

*"In spring, when Gaia births into the swells of the natural world, all energy and focus is directed there. You may rest in your winter for as long as you are comfortable, but spring will always follow."*

### **CONCEPTION**

You may find that your mind is all on baby as you walk the road to conception, but how much else takes up space in your life that does not serve to uplift you as this next chapter begins? You cannot hold space for all the world all the time while also holding space for your spirit baby.

*"Illusions have no space on the path to motherhood. Leave them where they belong: in the well of distraction."*

### **PREGNANCY**

Soon, your life will be dedicated to the sustenance and care of another little life. Have you uncovered where you have made room for this? In the same vein, you are being encouraged to get everything else out of your system while you still have the time to do so - before you are shifted into a new and transformational plane.

*"Though time is a human concept, how often we are witness to it being taken for granted and wasted away."*

### **JOURNAL PROMPT**

Where are you wasting time? Where are you taking time for granted? How different will a life with your spirit baby earthbound look? Feel?

## **ADDITIONAL CHANNELLED INFORMATION - ON EMBODIMENT OF WORLD SUFFERING BY EMPATHS**

Motherhood transformed me.

It's fitting that my first book, written while I was pregnant, was called *The Transformational Path*. And even though I wrote it as a memoir and guide to help others traverse down that path, I certainly took my own route as well.

Motherhood manifested in me a hyper-connection to not only my child and his profound soul but also the most vulnerable on the planet: animals and children.

I have always been sensitive and somewhat emotional, but this took on a whole new level of intensity. I would think about the suffering of the most vulnerable, and I would cry and be kept awake by the pain. I couldn't watch movies that included the loss of animal life or children - even adult children - dying. I couldn't watch mothers scream in pain. I could not read about the malpractices in places like Uganda, where children are sold or kidnapped for sacrificial mutilation. I couldn't follow the social media accounts exposing child predators. It all carried too heavy a weight in my heart.

Being the spiritual person that I am, of course, I dove in - through a clairaudient scribing session - to investigate this. And this is what emerged. (C is me, A is the response)

C: I would like to know why I have become so hypersensitive since motherhood.

A: *There is an Awakening within that includes an umbilical cord attachment to Gaia where you are being nurtured by her and this includes feeling her stresses and her pains. Nothing is more profoundly impactful on the steadiness of Gaia than the harm of the two most vulnerable: her children - her human and her animal children.*

*The sensitivity you are experiencing about crimes towards the two, in particular the growing sensitivity to crimes against children and cruelty against children, is related to the Divine Feminine Awakening and strengthening through this umbilical attachment. You are "plugged into Source" and are being fed this information at waterfall flowing speeds and it becomes challenging to navigate, digest, and process.*

C: But how does this relate to sensitivity to suffering in particular?

A: *It is merely a soul navigation of human emotions related to your overall motherhood healing and the lack of compassion that was felt in a few lifetimes and the pain that was caused to babies and animals in others. Never done with intention, of course, as your soul does not have ties to darkness, but done out of a moment of panic, pain, and suffering.*

*Animal consumption is not the highest level of human existence and does not contribute to Ascension but you partook in this act in many lifetimes out of necessity - this must be undone. You need to be even more cautious about over-consumption of by-products in this lifetime, and Reiki cleanse all animal by-products as many are the product of suffering. This consumption adds to your overall emotion and suffering.*

*In regards to babies in particular, this is thousands of years of karmic cleansing and release to prepare you for the ultimate purpose: to write the spiritual motherhood text which you've already written before and it was destroyed by non-believers and fearful earthlings, and to transition into complete Spirit Baby alignment and communication to help women and help the Divine Feminine Ascension.*

**C:** How do I process my extra sensitivity in a way that helps me heal, so I don't carry the pain of the vulnerable with me, so much so that I cannot sleep at night?

*A: You have yet to master transmutation which is the ability to take an energy and transform it into an energy that is more beneficial to your being and your growth. Transmutation is an upper-level, Ascended Master, heightened being skill. You are learning it as you go through this very difficult stage. Training is no easy task, training is painful.*

*This will be painful for a while until you learn how to bring all the pain that flows through your body and feels like a weight on your chest and to gather it into a ball in your heart center, change it into the energy of love through hyper-focus, deep breathing, and calling on the assistance of God, and to push it out from your heart center - releasing the energy of Love back into the world, in the hopes it will reach the children - or the animals - that you see suffering, so they know they are safe and they are loved by the Universe and they are more than their bodies and will be free from this turmoil. Transmutation of energy will take 7 months to master.*

**C:** Why do the most vulnerable suffer? Why does a world like that exist?

*A: Man makes choice. Man is fallen. Man is tempted by the evil Satanic darkness. Satan exists and he has his fingers everywhere. He is not as strong as the Love energy of God but he caters to more human temptation and greed and Ego. He is thriving in the West, and he's hidden in the darkest corners of the East. He is everywhere and he manipulates the weak and the low to do his bidding, to cause the stir of hearts and make people doubt in the existence of God.*

*But there will be a rising, there will be a New Earth where he will be left behind and will not insert his fingers into the Kingdom that will be granted for the Ascended. You cannot save those deep in darkness, remember that. But you can save the hearts and souls of those impacted by that darkness - by transmuting the energy and sending out love.*

*It will reach them. They will feel your safety. They will see your very face! Like the face of a Saint. They will describe you to others and they will be called mad, but the darkness will fear them from that point,*

*thinking they have connected with God or an angel. They will not touch them anymore. You will offer that to them.*

*When you transmute and send out that energy of love, they will truly see you, glowing, telling them they are safe and loved and will be free from this turmoil. Animals, babies, children, they will see you. And they will describe you and your light eyes and your tattoos. And if they ever crossed you on the street, they will smile at you because they know you. And they will say, "She is real, and she has saved me with her love!" and they will not be touched by the dark fallen because they will fear how protected the vulnerable one is.*

*And it will be written in books and you will live on in that way, through secret diaries and adult reflective memoirs, of the woman who sent them love in their darkest times, and your name will not be whispered to them for it is not necessary, it is your energy that is of utmost importance, so you must master transmutation to save them as they need to be saved.*

C: Is there anything I can do right now to help the process along, to help my daily spiritual life, and to help my sensitivity?

A: *You need to meditate when [your child] is sleeping. You need to Reiki cleanse all animal byproducts, especially any you let [your child] consume as he is even more sensitive and gifted than you are. You need to take courses to amplify your gifts - find ones that hit the heart center and proceed to learn. You must focus on journaling as an automatic writing task that is not connected to this computer and digital scribing. Your hand must do the work - it will be exhausting but it is necessary, especially for your work connecting to spirit babies. You need to consume less content that does not benefit your emotional wellbeing - it is recommended to avoid social media unless completely necessary and clear any history that may bring you to content that is detrimental for you and your child. Transmutation can be done without triggering content.*

C: Thank you - can I know who I have been communicating with?

A: *God HERSELF - Gaia in manifested form. The earth and the love and the light in a centralized space of existence. The I AM and the EVER MORE. The forever and the now, the past, present, and forever future. The mother, the father, the Son. The glory and the grace. The absolute. The BEING. I am all energies and THE energy. I am love personified into a voice you hear. I am the heart center. I am the Divine Feminine with a Masculine center. I am the absolute.*

(I would later come to realize that this was Sophia speaking. Sophia is the earth-wisdom, the goddess that balances the masculine energy of God, the earth in all its glorious being, and the universal mother of all.)

## CARD 11 - GROUNDING



*Align all your Chakras through grounding. Step upon Mother Gaia with bare feet; feel the power of creation rise up, swirling with blessed Divine power within your womb.*

### **AETHER CONNECTION**

A human experience is one of balance. We cannot spend all day focused on the expansion of the Crown and Third Eye Chakra without also acknowledging our Root. We chose a human experience for this reason, and grounding allows us to open up a greater connection to the aether. It not only honours this journey - the journey we will welcome our spirit baby into - but also honours Gaia and the Gaia within all of us.

*"It is best to think of your connection to the aether as you as a lightning pole; you must be grounded in order for the message to safely strike."*

### **CONCEPTION**

Grounding is a beautiful way to release all your worries, stresses, and fears regarding conception. By offering them up to Gaia, she, in turn, shares with you the gifts of her power of Creation.

*"These fears are not yours to carry; offer them to the earth and you will be set free."*

### **PREGNANCY**

Your body is going through a massive transformation. Your spirit is awakening in new ways. Your Kundalini is rising. Take a moment to ground yourself to settle this magical process within you, allowing you to more easily process and transmute it.

*"Feel your sisterhood with Mother Gaia through this process; feel the child in your womb respond, fully and completely."*

### **JOURNAL PROMPT**

How do you see womanhood and motherhood reflected in nature? Where do you see yourself mirrored?

### **ADDITIONAL INFORMATION**

It's so easy for people in the spiritual community to make the Spirit Realm their focus because the material world is so much harder to master! If it were simple, everyone would be living a

peaceful, happy life, and there would be no need for healers at all. But we came here to experience this balance; this yin and yang of life.

We cannot sweep the material and physical world under the rug and ignore it for the aether, alone. You cannot meditate with a crystal on your Third Eye while failing to cater to the Root. You must be planted - rooted - for the crown to fully blossom. You must acknowledge the humanness of you to reach your spirit baby in the aether.

Missing the material disregards the humanness we are born into - and simply can't escape or avoid. These bodies, this earthly experience, require guidance or practice that is given proper roots. Someone without deep material roots will sway and break in the first storm.

Avoidance of our humanness is ignorance. Failing to honour what the physical self, as well as the spiritual self, needs means you're not honouring all aspects of God and therefore are not honouring all aspects of the Self.

You cannot transcend without first descending into honouring your material self, loving and understanding and healing it completely. Remember that the Root chakra is the first chakra for good reason.

Do not be so caught up in the Spirit realm that you miss the real world around you, with all its wonder and lessons to be learned. It is often the first step to connecting with your spirit baby in the aether.

## CARD 12 - LIFE PURPOSE



*Your life purpose is woven into motherhood. Your spirit baby will Awaken this deep knowing even further when earthbound. Trust all will emerge in the Universe's time.*

### **AETHER COMMUNICATION**

Allow this knowing to settle deep in your heart. Your spirit baby calls to you and whispers: *There is more to just me.* The healing that will come from your motherhood journey will ripple into the Collective as it weaves itself into your soul's true purpose. You can begin by accepting this mission now.

*"The path of a healer is not linear and certainly does not look one specific way. Convene with your spirit baby to gain an understanding - in advance - about what your path may look like."*

### **CONCEPTION**

Your spirit baby wants you to know that there is a greater path, beyond what is on earth, alone. Every step you take towards the conception of this life is ingrained as an essential piece of your soul path puzzle. Every key opens a new door to this grander understanding. Feel and hold the honour of the wisdom that this path is not only yours, but is an essential component of grander plans your soul has created for you.

*"Every hurdle we face is an opportunity to lift up the other."*

### **PREGNANCY**

Can you feel it? Not only the life stirring within you, but the magic of your spirit as it takes on the responsibility of Awakening to the knowing that this journey will change you *and* the Collective with its grace. Congratulations, mama – what a beautiful path you have begun to walk.

*"As the Kundalini rises, so does the soul's knowing of the greater plan that it has in store for Itself."*

### **JOURNAL PROMPT**

Can you imagine how your motherhood journey might be woven into a picture of greater healing for the Collective? How might your learning and your unlearning benefit the planet?

## CARD 13 - IDENTITY



*Your spirit baby is not only a new beginning but an end; an end of who you were before motherhood. Do not grieve your former identity, but surrender to the newness of you.*

### AETHER CONNECTION

Women are not often told of the greatest sacrifice that follows birth: the identity of the Self they were as the Maiden. You will transition into Mother, as all women who have birthed have done before you. Your spirit baby is asking you to take time to come to peace with that change, now, and confidently face the Ego that will try and convince you to keep holding onto her.

*"Many enter this path believing they can continue to exist as they were before, but a snake must shed their skin to grow. Understand this: you will be asked to shed who you were for the Kundalini of who you will be."*

### CONCEPTION

Your spirit baby is asking you to address the misconceptions you have surrounding the idea of *mother*. The identity you are composing in your head is nothing like the reality of this path. Once you come to terms with this vision and step into an understanding of the real you that will emerge as you begin this journey, all will unravel as it should.

*"The Mother is messy, it is darkness, it is heaviness, it is an essence of the Creator and all the responsibilities that come with that title. To be like Gaia, you must come to honestly comprehend the responsibilities that that entails."*

### PREGNANCY

It may be difficult to comprehend what is lost when you transition from Maiden to Mother, but your spirit baby is asking you to give yourself time to mourn *her before them*. It will come to be better understood when they are earthbound, but presently, you are asked to meet her, thank her for all the learning she has led you towards, and hug her goodbye.

*"Joy can exist hand-in-hand with grief; they are not separate expressions of the human experience. This will be better understood when the precipice is reached, but, in the meantime, reflect on the new Self that is emerging with this path."*

### JOURNAL PROMPT

What aspects of your Maiden identity will you miss? Which have served you but you are ready to say goodbye to? What wisdom does your Maiden journey help you bring to your Motherhood journey?

### ADDITIONAL INFORMATION

The reason some people often feel that profound sense of loss and regret after becoming a mother is that they haven't been honest with themselves about what motherhood looks like, and because they have viewed this next step through the lens of: "This is the next life checklist, and this is how I will finally find a sense of fulfillment." Expectations only leave you with disappointment, and the truth of the matter is that children don't fill your cup; *they completely empty it.*

But here's the beauty of being drained to empty: *you get to see who you really are.* What is sitting, exposed, at the bottom of the mug-of-you? Who are you, really, when all of who you've spent years building up has been stripped away, bare, by a little human who completely depends on you and loves you without conditions?

You need to be real about the *why* of becoming a mother. It will not be the thing that "finally makes you happy." It will not mean life will be the same with a little best friend in tow. It will not mean your legacy will continue if you're unable to adjust to a new identity. It is not a solution to your trauma; it will only uncover more. It is not necessary to live a full and complete life. It is not a requirement on the checklist of expectations. You cannot do it to make your partner happy or your family happy. You cannot relive your childhood by raising one.

You can want something, long for something forever, without really knowing or understanding the depth and complication of what you are longing for. It's like buying the fanciest, most complicated toy without reading the instruction manual or the terms and conditions before buying (expect the unexpected!). You can still be a good mother while simultaneously saying to yourself: *This is not at all what I expected, I am exhausted, and I am unhappy.* You can love your child beyond measure while still saying to yourself: *I regret taking the life I had before a child for granted. I am sad about losing who I am in this process.*

Maiden to Mother is a beautiful, joyful step, while simultaneously being painful and full of heartbreak. It will be no different as you move from Mother to Crone. Understanding this is essential to your motherhood journey. For a caterpillar to become a butterfly, they must first surrender to becoming a completely melted version of their cellular existence. Motherhood is no different.

## CARD 14 - DREAM WORK



*Set an intention before bed to meet your spirit baby in the aether, offering to cancel, clear, and cut anything that stands between the serenity of this lifetime you intend to share.*

### **AETHER CONNECTION**

Whether meeting your spirit baby directly, or addressing former lives where motherhood was your path, the power to heal and prepare yourself - emotionally, mentally, physically, and spiritually - for the journey ahead can be found as you sleep. Your spirit baby has a message they wish to share with you, and the perfect space to find them and discuss is in the *in between*.

*"It is often what we do not know needs clearing and healing that Spirit knows best. Your spirit baby wishes you to meet them in the aether so that they may step in and do the work for you."*

### **CONCEPTION**

If you are seeking guidance, clarity, or certainty for your conception journey, your spirit baby awaits you in the astral plane to whisper words of comfort, healing, reassurance, or advice for your next steps. It is recommended that, if possible, you use lavender essential oil and drink chamomile tea to set your body for deep sleep and successful dreamwork.

*"By viewing all challenges as something your spirit baby wishes to face and address with you, you are becoming co-creators of your future together. You are allowing them to step in as a powerful presence prior to their growth in your womb. This is magic."*

### **PREGNANCY**

Your spirit baby wishes to communicate with you, has a message about who they will be or what they will need, or would like to help guide you through an easy and peaceful pregnancy experience. With your hands over your womb, invite your spirit baby to meet you in your dreams tonight. If it helps to visualize a "meeting spot," share this with your spirit baby as well.

*"The doors to communication are often just an astral level away. When your body surrenders, the key unlocks this door."*

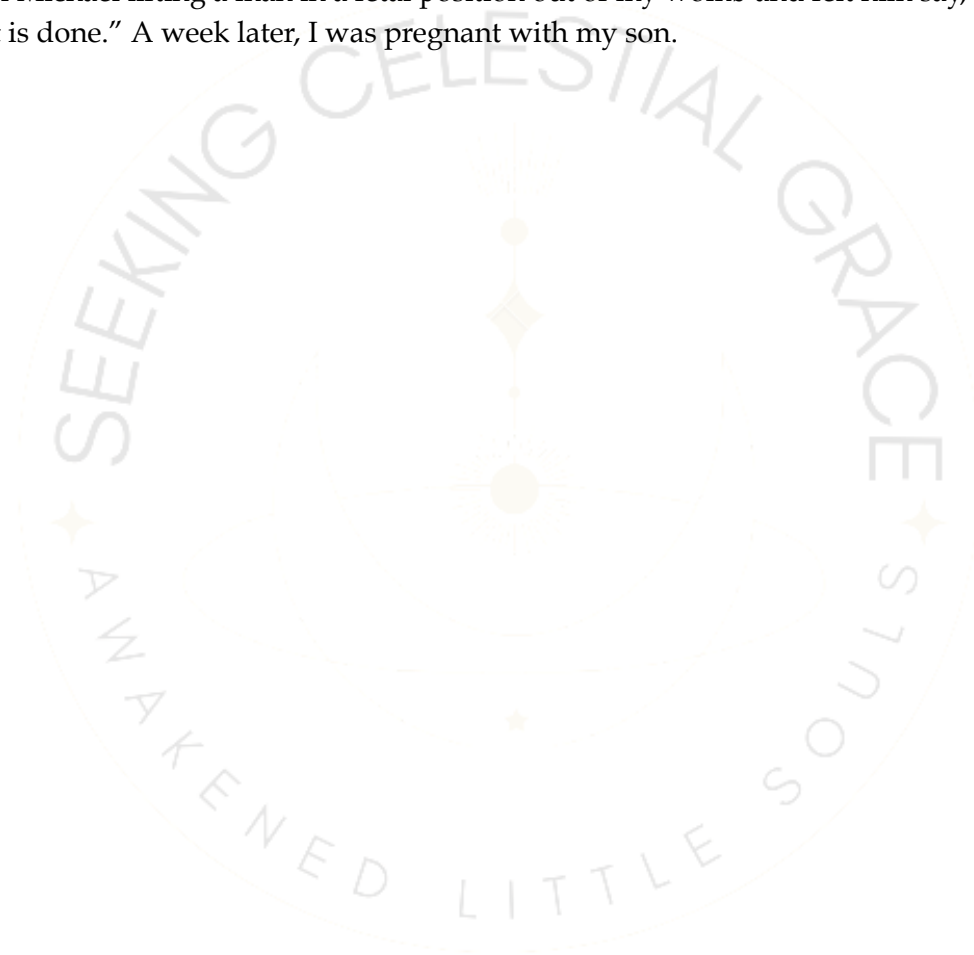
### **JOURNAL PROMPT**

When imagining a place to meet your spirit baby, it helps the visualization process to write down your description. Whether it's your favourite city, an open field, or a private garden, write down where you wish to meet them and jot any questions that you may have for them when you do meet.

### **ADDITIONAL INFORMATION**

Prior to my pregnancy, I cleared the energetic entanglement that I shared with other spirit babies from different lifetimes. I had a great fear about being a mother, and asked the angels and my spirit babies to intercede in my dreams to help me clear this fear.

Over the course of two weeks, I had numerous dreams about traumatic past lives involving motherhood. In one, I had to forgive myself and ask for forgiveness when I, a very young mother as a result of assault, neglected and let my newborn baby die. I woke up to see Archangel Michael lifting a man in a fetal position out of my womb and felt him say, "It is cleared, it is done." A week later, I was pregnant with my son.



## CARD 15 - UNBREAKABLE BOND



*This connection is sacred, secret, and exclusive for the carrier of the life-providing womb. This can never be severed, for it is written between these two souls through Divine eternity.*

### **AETHER COMMUNICATION**

You have walked together before, felt a bond of love with one another before. This bond is linked in your cellular and spiritual DNA. You have gathered in the Celestial Temple and found sanctity with one another in lifetimes prior, and in this present lifetime, that bond is acknowledged and will be honoured. You are linked, it is unbreakable, it is forever.

*"There is no distance, metaphysical or material, that can stand between the woven unity you have with your spirit baby."*

### **CONCEPTION**

Take comfort in knowing that no matter the difficulty or ease of the path to motherhood, your spirit baby walks alongside you. You are spiritually threaded together as one, and no circumstances can sever that soul wisdom. They are yours, and you are theirs.

*"A life does not need to come earthbound in order to be bonded; your souls know one another and will share in the love you have promised."*

### **PREGNANCY**

You know this soul and this soul knows you. The familiarity is shared, and this baby is bonded to you and your grace and gratitude. It can only be understood between the two of you, so find a quiet moment to honour that relationship you have shared, already share, and will continue to share.

*"The sacred sanctity of a mother-and-child bond is unmatched. It is a vision of the Source Creator manifested in the material. It flows with the strength of unshaken mountains. It is solid, secure, and endless in its magnitude."*

### **JOURNAL PROMPT**

Even before this soul is earthbound, you will nourish them, help them grow and develop, and create a safe and sacred space for their protection. How does this responsibility feel?

## CARD 16 - MOTHERHOOD PROPHECY



*This is the soul-bonded commitment to the gestation and the trust in the arrival of life at the end of the journey. It is the key of the womb to the opening of worlds.*

The Motherhood Prophecy contains a lightcode, overseen by the Sphinx itself, and it is being transcribed upon your soul and activated. See the additional channeled information for this card for more details. *Please note that I was told the channeled message for this card would be the same for aether connection, conception, and pregnancy.*

### AETHER CONNECTION

The moment you even begin to consider the motherhood path, you are being exposed to the *Motherhood Prophecy*. This is a deep, ingrained, soul-written knowing about the Divine Feminine potential within you to live and breathe as Creator, and the commitment to the path of being a mother. Your spirit baby welcomes you into understanding and being initiated into this prophecy that was promised for you.

*"You have been called, you are a prophet within the eternal Motherhood Prophecy, you are a priestess in the Temple of Celestial Grace. We activate this knowing within your spirit."*

### CONCEPTION

This journey is one of prophetic nature, one you have been called to and have responded to. The ending is known: *mother*. Take solace in knowing you have been chosen, touched, and blessed by this prophecy, and that a child awaits you for the culmination of this journey.

*"You have been called, you are a prophet within the eternal Motherhood Prophecy, you are a priestess in the Temple of Celestial Grace. We activate this knowing within your spirit."*

### PREGNANCY

Congratulations, mama. You were called and you answered. You were invited into the Temple to become one with the Motherhood Prophecy and walked in with an open heart and eager womb. And now, it swells. With life. With the gift of this prophecy. With the power of you as Creator.

*"You have been called, you are a prophet within the eternal Motherhood Prophecy, you are a priestess in the Temple of Celestial Grace. We activate this knowing within your spirit."*

### JOURNAL PROMPT

Knowing that this path has been prophesied by your spirit before you were born, is there comfort in knowing the path you've walked, thus far, is leading you towards that final destination?



## ADDITIONAL CHanneled INFORMATION



*"This is the Lightcode of the Motherhood Prophecy.*

*The Motherhood Prophecy is the frequency of cultivation of conception at a Universal level, felt by the deepest depths of Sophia/Gaia and reverberated into the manifestation of endless life in the most minute spaces to the grandest of scales.*

*It is not a prophecy such that it is a foretelling as much as it is the cultivation of what is to be in energetic form [to physical manifestation]. It is the soul-bonded commitment to the gestation and the trust in the arrival of life at the end of the journey. It is the key of the womb to the opening of worlds and astral flooding of life-creating energy, into the mother and expanding outwards into the abyss. It is all of life and all births of history and histories passed on planets passed in one Key. It is a unification of every soul that has mothered before and every mother to follow. It is the speaking of "life" and its manifestation into existence by Sophia. It is the interlocking energetic powers of that unification with Sophia. It is unwavering and unrelenting. And it is the representation of WOMBan transitioning into MOTHER.*

*It is a code given by the Sphinx itself and it is of the purest energetic frequency. Once activated, WOMBan is truly enlightened and lifted to goddess status alongside her own mother, Sophia. We must remind you that it is very difficult to remain at that wavelength beyond mere seconds, unless you are*

*Ascended, because it is a difficult energetic frequency for the human body to hold onto for any longer than such.*

*While most are unaware of the activation - as it happens at conception - missing the opportunity to take advantage of pure enlightenment, this key is a re-activation and reminder of that Motherhood Prophecy union and allows you to re-experience the grace with gratitude. Send it down into your womb as an offering to your unborn child; this allows the life to hold into it and grow within it, since you are incapable of remaining at that same state infinitely. The soul within is capable of maintaining it until the True Transition (earthside)."*



## CARD 17 - FEARLESSNESS



*Fear is an Ego emotion of earth where spirit babies do not reside. Your surrender and trust in this path should be settled deep in your Root and rise without hesitation to the Crown.*

### **AETHER COMMUNICATION**

Do you fear time standing in the way of becoming a mother? Do you fear meeting the perfect partner for your child? Do you fear the fertility journey? Do you fear the trauma you carry into your motherhood experience? Do you fear being responsible for another human being? Your spirit baby invites you to release all of this.

*"You are on exactly the right timeline and will be exactly the right person exactly when you're ready to fully walk this path."*

### **CONCEPTION**

Your fear around fertility, conception, and pregnancy is valid. But just because something is valid does not mean it serves us. Feel this fear, understand where in your body it is situated, and take comfort in the knowing that your spirit baby is coming.

*"You and your spirit baby have an agreement in this lifetime to journey, earthbound, with one another. Let this dissipate all and any fear as to how the path to that might look."*

### **PREGNANCY**

All is going well, mama. You are going great, mama. Your baby is thriving, mama. You are a goddess and a warrior, mama. It is the nature of being a mother - which begins the moment you conceive - to worry about the life we have been trusted to carry, birth, and raise, but this feeling does not serve you forever. Release it when it's purpose has been lost.

*"Your unborn child will embody the fear you feel, so it is best to transmute this state into nothingness. Return it to us, where we will destroy and dispose of it. A goddess fears nothing. A goddess is aligned with the Divine."*

### **JOURNAL PROMPT**

What comfort do you require from the Universe, what confirmation from God, will allow you to dissipate all fear surrounding this path?

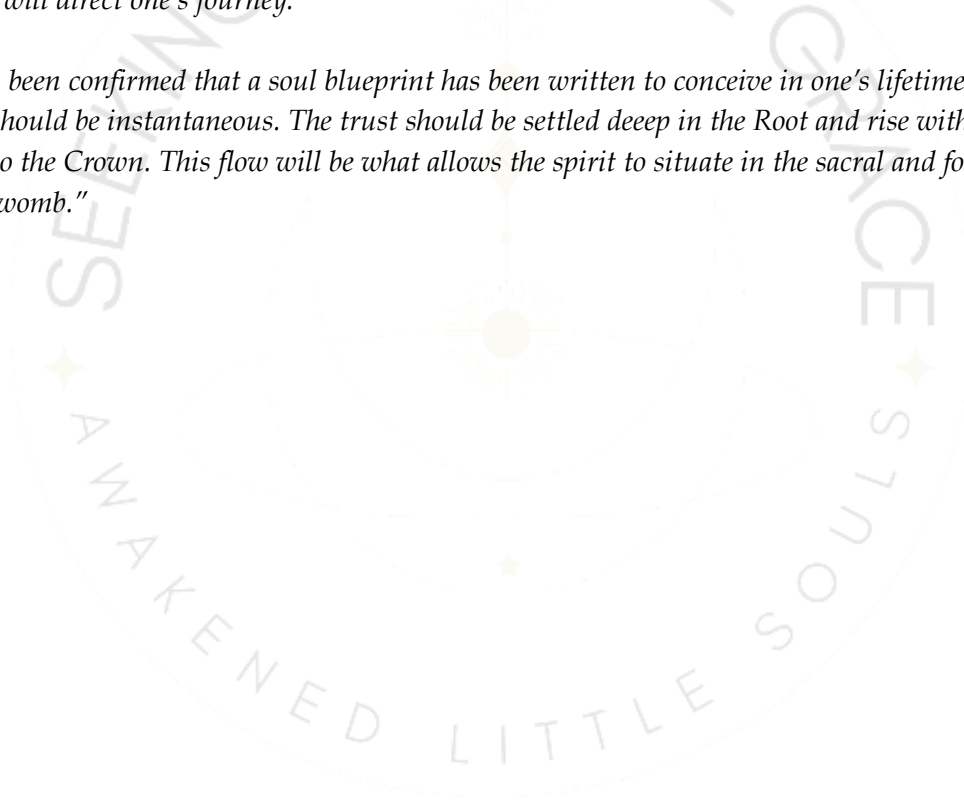
### **ADDITIONAL CHanneled INFORMATION: MENTAL STATES AND FEAR**

Imagine yourself as a rooted tree. Send all toxins (fear) back into Gaia, pulling up her life-giving and calming light through your Root chakra, letting it slowly rise, filling your body with its peace, until it exits your Crown.

*"We have spoken and touched upon this in your book Celestial Genesis, but it requires emphasis once again. It is the one section of this text that must resonate and continue throughout conception, pregnancy, and the birth of the spirit. It is that of preservation of one's mental state and holding a space of fearlessness - or, essentially being rooted in Source by holding a vibrational energy of Love.*

*Fear is an Ego emotion, and it is the negative impact on all other mental dis-orders. It manifests due to a distrust in the Divine, in the plans and organization of the Universe, and the intentions of Source. It is an attempt to manipulate, with one's humanness, the direction or outcome of one's journey. While Free Will is a part of human experience, we, in the aether, direct those to choose with Love that leads, and warn of where Fear will direct one's journey.*

*Once it has been confirmed that a soul blueprint has been written to conceive in one's lifetime, the surrender should be instantaneous. The trust should be settled deep in the Root and rise without hesitation to the Crown. This flow will be what allows the spirit to situate in the sacral and form roots within the womb."*



## CARD 18 - VIOLET FLAME



*Within your womb lies the Violet Flame and, as it burns, it calls to your unborn child. Warm yourself with the ancestral wisdom of your womb.*

### **AETHER CONNECTION**

The Violet Flame burns in the womb of all women, continuing the embers of knowing as they transition to Crone, so that the fire may be passed. You can access this flame, this innate wisdom you carry, wherever you are on your motherhood journey. Your spirit baby gifts it to you. It is also the connection that leads to expressive and spiritual creativity.

*"You are being called to create - to burn expectations and from within the ashes let the phoenix of your spirit rise high."*

### **CONCEPTION**

The Violet Flame will never extinguish; no storm clouds or rain will ever dull this flame. It has the power to consume, and from under the burnt remains, great growth always rises.

*"Within you, this flame is ever-burning. Though it may feel as though it dwindles in moments of great frustration, we assure you: it burns and calls to your child."*

### **PREGNANCY**

Your spirit baby wishes you to use the flame within your womb to fuel great spiritual creation; think of this as nesting on an enlightened level! To access the creative power of this flame, you need only sit with your hands resting over your womb and breathe deep through your nose for four seconds, hold for two seconds, breathe out from your nose for six seconds. Repeat this as much as you are comfortable doing, and with each breath, give thanks in advance for the creative gifts you are about to be given.

*"You are being called to connect with your ancestral womb mothers; generations before you who have walked this path that you are walking. Your spirit baby wishes to be the mediator in this meeting."*

### **JOURNAL PROMPT**

When you hear the words *Violet Flame*, what do you feel? Where do you feel it? Does it inspire anything?

### **ADDITIONAL CHanneled INFORMATION**

C: What is the Violet Flame?

A: *“To properly explain this for human understanding, a suspension of belief is necessary; you must not acknowledge your human body as a physical Self but as a fully and completely spiritual Self. This flame is truly that: a burning flame within your womb. It exists the moment a Divine Feminine human begins to grow in her mother’s womb. Her flame is lit by the flame of her mother, who was lit by the flame of her mother, who was lit by the flame of her mother... it is an ancestral flame, passed down through generations of women to infinity. But this is one lineage, we remind you of that! One lineage in one timeline of many. But we return to the flame: your base is your wick that connects you with the infinite well of Creation and wonder that is Gaia. And so, when it is lit, the oil rises and it fuels you. This is the same flame which drives creation - passion-driven creation. But it is also the sacred life-giving fuel that explodes in magnitude at conception. Like moths, your spirit baby will fly towards what calls it. It is a beacon that never burns out. It is the lighthouse of the womb.”*



## CARD 19 - PROTECTION



*Be extra cautious about what you consume, whether it is news, food, or the company you keep. Hold a sacred energy around yourself and tune into your spirit baby's frequency.*

### AETHER CONNECTION

There is no such thing as *too early* when it comes to looking at your life under the lens of: serves my motherhood journey, and does not serve my motherhood journey. All we consume, both literally and figuratively, alters our vibrational frequency which, in turn, impacts the sacred temple we have within our wombs.

*"When you pulled this card, you said to yourself: I know exactly what this is talking about. Don't second guess it: act on it."*

### CONCEPTION

Why are fertility stories all over the internet filled with fear? You have the ability to create life embedded within your very existence. Whether that's happened, is in the process of happening, is running into roadblocks while happening, it *can happen* - and that alone is a miracle! That alone is Divine! Erase all in your life that doesn't amplify or praise or worship that magic potential within you. Remove anything that shifts you out of joy and wonder and into fear and challenging emotions.

*"Nourishment also refers to ensuring our emotions are nourished with the well of joy. Be cautious of waters that try and steer you away from that."*

### PREGNANCY

Now, more than ever, you are most vulnerable. You are growing life within you, and your hormones are at unimaginable levels - and your Heart Chakra is open and vulnerable. Digesting the emotions of others - animals included - goes straight to nourishing your baby. Ensure they are being fed with joy, love, and light.

*"Your spirit baby has a vibrational frequency that extends far beyond your own, and they are capable of wrapping you in the warmth and protection of that frequency when asked."*

### JOURNAL PROMPT

What is your relationship with social media like? What relationships (with others) feel a little one-sided? What food doesn't serve you being your very best and healthiest self?

## **ADDITIONAL CHanneled INFORMATION - SPIRITUAL STRENGTHENING (PRE-NATAL)**

Please note that any health advice should be discussed with your doctor or a trusted medical professional.

*“It is at the moment of conception which the mother must begin to prepare her body for undergoing the most arduous task in its existence, a task bestowed just for the Divine Feminine and cannot be understood in any capacity by the Divine Masculine. It is at the moment of conception where adjustments should be made to ensure this womb is held in as sacred capacity as possible in order too provide optimal nourishment to the unborn child within without depleting the resources of the mother in the process.”*

### **NOURISHMENT**

*“The mother must protect herself ardently against the digestion of emotions. This requires an exclusion of animal carcasses and a limitation of animal byproducts during the pregnancy and growth of the babe.*

*The digestion of animal suffering will instigate an internal suffering, and the digestion of this trauma by the child. Prior to conception, these emotions and hormones and energetic frequencies will stay, lingering in your body, for up to a month. It is essential to exclude these items if you wish to conceive and to clear your body to make it an optimal vessel for this spirit.*

*While there may be cravings that lead you towards a desire for meat, fish, or the byproducts of animals in which they are collected or instigated under cruel and energetically harsh conditions, they must be avoided and supplemented for optimal, fear-free, and trauma-free growth.*

*We recommend the following during the conception-to-birth process:*

- *Whole grains*
- *Fruits, especially those cultivated by hand with thanks to Gaia*
- *Vegetables, especially those cultivated by hand with thanks to Gaia*
- *Nuts*
- *Legumes*
- *Essential essence of plants to aid with strengthening, vitamin intake, and mineral digestion*
- *Water, particularly with citrus fruits or mint”*

## CARD 20 - REST



*Your spirit baby is calling you into rest. It's time to prioritize self-care and relaxation. You must listen to your body and what it needs now or you'll be forced into repose.*

### **AETHER CONNECTION**

The life of a wom(b)an is lived in seasons, and right now, you are being called to transition into *winter*. Winter may seem like the stage of decay, of death, and of quiet, but it is simply growth within stillness and rest. When spring emerges, the birth of the essence of the Self is magnified - but this is not possible without a long hibernation through winter.

*"If Gaia can rest and must rest, then you must do the same if you wish to create life."*

### **CONCEPTION**

You are spread too thin and your spirit baby needs you to settle into a space of calm relaxation to usher them in. Take a moment, a weekend, a week to rest and repose, whether at home, at a spiritual workshop, or on a vacation. When you let go and surrender to unwinding, your body beacons to your spirit baby that you are ready.

*"It is within the folds of rest that the Divine Creator paints their greatest pictures."*

### **PREGNANCY**

Stop, take it slow, stop spreading yourself so thin; your spirit baby knows this can't go on for much longer or you'll have some serious burnout - or be forced to rest by a healthcare professional. Now more than ever, you are being called to stillness and relaxation. Listen and make the choice for your Highest Good, before the choice is made for you.

*"Mother bears birth their babies while they are in the stage of hibernation; take a cue from Gaia's wonder."*

### **JOURNAL PROMPT**

When you are told you need to rest, what do you feel? Guilt? Overwhelm? Lack of knowing of how to properly let go and surrender? Or perhaps you feel joy? Gratitude? A sense of relief?

## CARD 21 - WRAPPED IN LOVE



*You are not alone through your motherhood journey. Your spirit baby holds your hand, and you are surrounded by your angels, protected by Divine Love.*

### **AETHER COMMUNICATION**

Sometimes we just need a reminder that we are not alone. This is that reminder. Your spirit baby steps forward and cloaks you in their warm embrace, letting you know that wherever you are on this journey, they are there with you.

*"Release all burdens to the angels; step forward with your angelic child onto a path of comfort and knowingness."*

### **CONCEPTION**

Every fertility journey looks different for every woman, but every woman who has sought the motherhood path has taken that journey. You are not alone; not only have millions of women walked paths that are mirrored with your own, your spirit baby joins you along this one. Take comfort in knowing that even when you are feeling alone, you certainly are not.

*"Angels will only intercede if they are called forth. Please call forth the angels and archangels when you need their strength, and offer them whatever weight burdens you and your journey."*

### **PREGNANCY**

Becoming a mother is a strange path, and with so much exposure to how this journey is meant to look, it can feel overwhelming and isolating when it is meant to be joyful and unifying. Your spirit baby walks with you, offering you their presence as a comfort. Your angels embrace you, filling you with a green, bright light of healing, and the blue light of their love and protection.

*"Sit up straight, keep your feet grounded, breath deep, filling up your lungs. As you do so, imagine a white light that enters your Crown and settles in your Heart. That light now extends around you like a beautiful cocoon. Embrace the transformation within, embrace the becoming, embrace the love."*

### **JOURNAL PROMPT**

What do you need right now - from anyone or anything - to feel more connected and less alone?  
What signs would you like from your spirit baby to comfort you?

## CARD 22 - STILLNESS



*Your spirit baby says to you, "In stillness and in silence, I speak." Be rid of the noise and the unnecessary in your life, and make time to pause in solitude.*

***Please note that I was told the channeled message for this card would be the same for aether connection, conception, and pregnancy.***

### **AETHER CONNECTION**

This card is different from Prioritize or Rest, because it asks for complete non-attachment and surrender - including the surrender of the Ego Self. This can only be done through stillness. This is best achieved through meditation, silent sitting in nature, and essentially anything that turns off your mind and forces you inward. Setting boundaries with phone usage is also recommended by your spirit baby.

*"It is within stillness that we are not only able to unravel the Truest parts of our very being but it is there that we are able to transcend the veil and connect with the other side. You are being called into a centered space where the noise of the world around you is silenced - even if just for a minute or two - and where your focus is on your existence as a fractal of the Divine. Our lives are full of interruption and our spirit babies are calling us into the quiet where we can hear them speak to us from their frequency. We are our best and thrive, spiritually, when we are in that space - with them."*

### **CONCEPTION**

Solitude does not necessarily mean *completely alone*, especially if the support of those you love is important to you at this time. What it means is stillness, quiet, reflection, and entering a space of inner peace that exists inside your heart and whose energy flows into your womb. Your spirit baby wishes to meet you there, and they have important information relevant to your conception journey.

*"It is within stillness that we are not only able to unravel the Truest parts of our very being but it is there that we are able to transcend the veil and connect with the other side. You are being called into a centered space where the noise of the world around you is silenced - even if just for a minute or two - and where your focus is on your existence as a fractal of the Divine. Our lives are full of interruption and our spirit babies are calling us into the quiet where we can hear them speak to us from their frequency. We are our best and thrive, spiritually, when we are in that space - with them."*

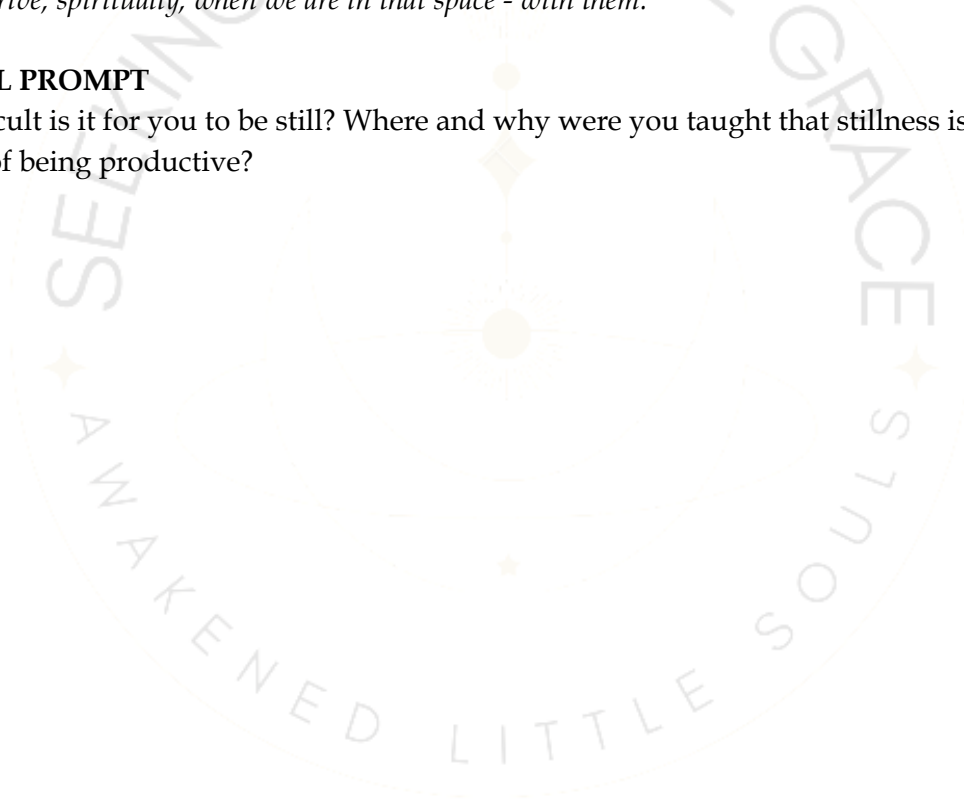
### **PREGNANCY**

Between appointments, announcements, friend and family ideas about your pregnancy and your upcoming baby, the social media posts about motherhood, the pregnancy books you are reading, everyone has an opinion and everything is making a whole lot of noise. What you need right now is some silence in solitude, and your spirit baby wishes to meet you in that space to whisper everything they need and will need. They've been trying to speak to you but the world has been a little too loud for them to be heard. Find them and hear them in that meditative zone.

*"It is within stillness that we are not only able to unravel the Truest parts of our very being but it is there that we are able to transcend the veil and connect with the other side. You are being called into a centered space where the noise of the world around you is silenced - even if just for a minute or two - and where your focus is on your existence as a fractal of the Divine. Our lives are full of interruption and our spirit babies are calling us into the quiet where we can hear them speak to us from their frequency. We are our best and thrive, spiritually, when we are in that space - with them."*

### **JOURNAL PROMPT**

How difficult is it for you to be still? Where and why were you taught that stillness is the opposite of being productive?



## CARD 23 - CONNECTION



*You do not need to hear, see, or feel to be connected to your spirit baby. They are an ever-present energy that surrounds you. Fall into that knowing and surrender to their presence.*

### **AETHER CONNECTION**

Your spirit baby and you have already spoken. You've felt their presence. You've heard their whispers. Trust in your ability to pierce the veil. This is confirmation of what you've known.

*"There may be days where you feel the presence of your spirit baby, and there may be days where you wonder where they have gone. Know they are an ever-present blanket of love that surrounds you and permeates through every experience and every moment."*

### **CONCEPTION**

When I connect with spirit babies, they often tell me they are just a hop, skip, and a jump away - endlessly trying to get the attention of their mother. You don't need to *feel* them to find comfort in the certainty that they are there. This is your assurance; your spirit baby surrounds you, is not going anywhere, and surrendering to that knowing will make the next steps far more calm.

*"Doubt is a human experience; your spirit baby does not doubt the contract between you that has been written."*

### **PREGNANCY**

With my second, I didn't have the time or the energy to connect with the baby in my womb as I did with the first. With my son, I spent every day meditating and meeting my spirit baby in that meditation. While pregnant with my daughter, I had a toddler to manage - and one who was running on a single nap a day. I didn't have an opportunity to journal or communicate with her as I had hoped and I felt guilty about that, until I realized that she had chosen to be second to show me that intention was enough. She was there, she was ever-present, she was wrapping me, daily, in her presence and her love, and that was enough. *That* was connection.

*"Connection does not require a specific time, or a specific routine, or a specific practice - you pulled this card, and that is confirmation that this, right here, is enough. Your spirit baby acknowledges your effort and is honoured by it."*

### **JOURNAL PROMPT**

Knowing that this connection is infinite and carved into Divine Marble, what do you already know about your spirit baby?

## CARD 24 - SUPPORT



*Ensure you feel supported for your motherhood journey. You don't need a village, but your spirit baby wants to be sure you don't feel isolated and alone.*

### **AETHER COMMUNICATION**

While many people talk about how magical and beautiful the motherhood journey can be, few people talk about how isolating it can feel. When you are responsible for another life - a heart outside of your body - it can be easy to forget who you are and what you need. It can feel overwhelming to have this weight on your shoulders with no one to help you carry it. It is never too early to try and navigate and understand how you will find support and feel less alone during one of the most vulnerable paths of your lifetime.

*"Two steps ahead is a step with Spirit."*

### **CONCEPTION**

Your spirit baby is emphasizing that you do not need the physical presence of another human being to feel connected and understood during your fertility journey. This can also be found in books that share stories that sound like your own, or through online groups of mothers who mirror your experience. You are just reminded not to carry the emotional weight of other people during this vulnerable time, and instead, to find sisters and family and friends to help lift your own weight with you.

*"Though your story sounds and feels unique - and therefore misunderstood and lonely - it is not; it is woven through the stories of so many women before you. Take solace in knowing that there is an ancestral team of strength that stands behind you."*

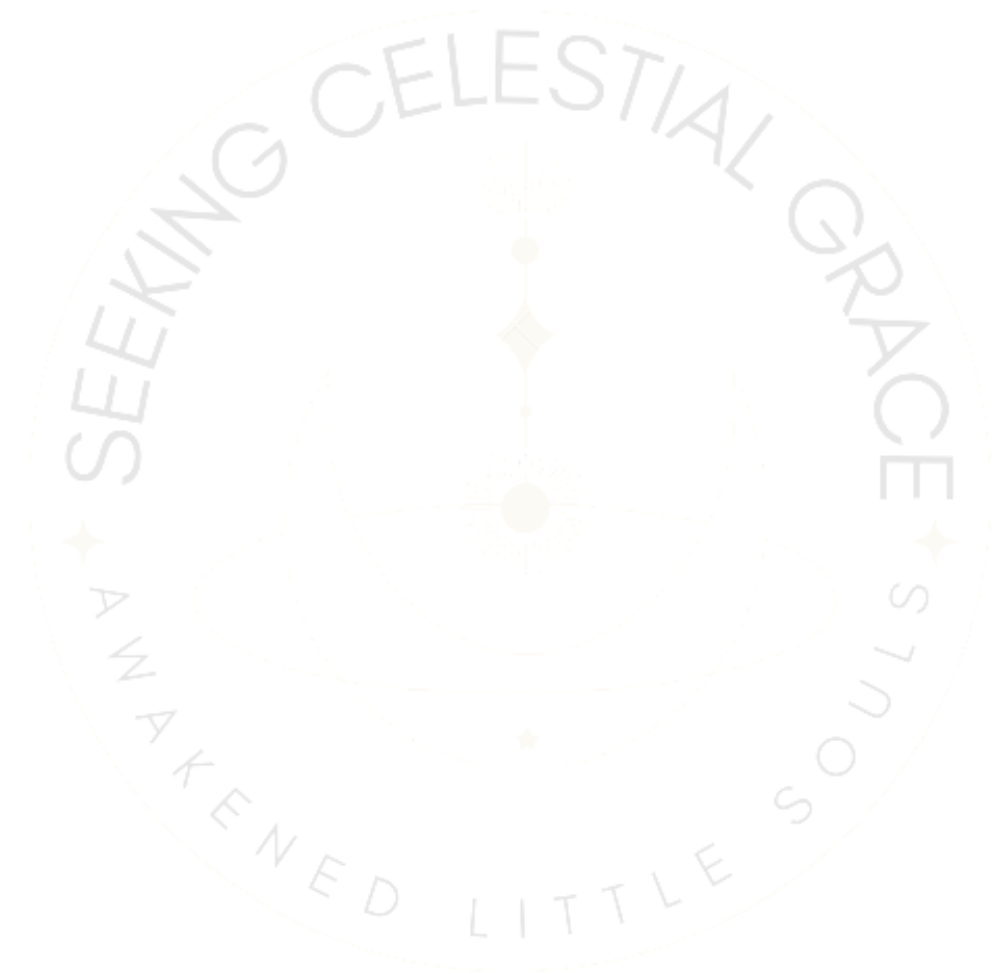
### **PREGNANCY**

I did not have a village for my own pregnancy and motherhood journey. Living across the planet from my family (and my mother), and with my friends all accessible by email or messaging but not in-person dates, I had to find comfort in knowing I was Divinely supported during my motherhood journey. But not all stories are like mine - or have to be like mine. Your spirit baby is calling you to take a moment to recognize what support systems you have set in place for when they come earthbound, and if that cannot be found in other people, ensure you have a way to find yourself again when you are feeling most overwhelmed and isolated.

*“You are being told, right this moment, from your spirit baby: know that it is all enough. It is enough for me. You are enough for me. Your best is the best for me. And when the load feels heavy, breathe deep and find a moment to break, to pause. I will be there when you return - ready and better because of it.”*

**JOURNAL PROMPT**

How difficult is it for you to ask for help? What does help look like, if it maintains your boundaries within this journey?



## CARD 25 - JOURNAL WORK



*Meet your spirit baby in blank pages. From the depths of your heart, write your unborn child a question. Breathe deep and release, writing their answer, which they have sent forth.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

The message here is the same: your spirit baby wishes to communicate with you through automatic writing.

What is automatic writing?

It is writing without doubt about what is coming through. When you put your pen to paper (or your fingers to a keyboard - though for this particular card, your spirit baby emphasizes that they wish this to be done in a physical journal), you do not doubt what you write, second guess what comes through, or question if it's "you" or your spirit baby giving the message. You are accessing a well of Higher vibration that influences the movement of your pen and allows the spiritual dialogue to naturally flow through.

Some people find that the best way to perform automatic writing is to ask a question, breathe deep, and allow an answer to flow through. It is often best if these questions are not yes or no questions. Some ideas could be:

- Can you tell me how to best support my conception journey for you?
- Can you tell me about your personality?
- Can you share a past life we had together?
- Will you tell me any rituals or practices you'd like for us to connect better?

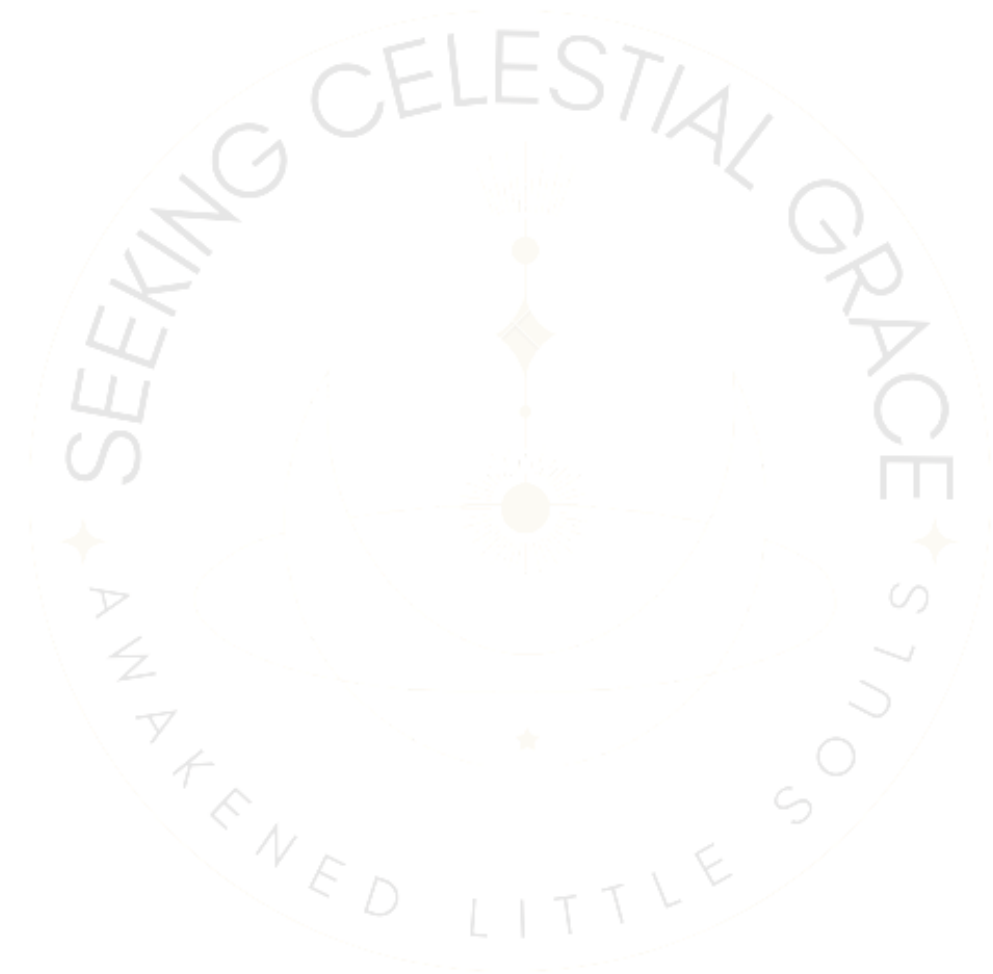
Your spirit baby wants a journal dedicated just to them and your communication with them, through your motherhood journey. When they are born, they emphasize that this journal can be used to write about their growth and development, and it becomes a sacred gift and a legacy of your path. You will know exactly what journal is right for them and their spirit because it will be felt in your Heart chakra the moment you find it.

*"You use the term automatic writing - which is a human concept to help human understanding - but we prefer the term Heart-Centered Cosmic Connection. What happens during this process is that you are able to tune-into and connect with the Source of all and from that access point, your spirit baby is able to enter the line and offer their own words to you. It can be visualized as an energetic telephone line and your spirit baby's communication are the data points that hop into the line. You can see this in your mind's eye as light, sparkles, and light fragments moving along this infinitely connected line. Breathing deep helps center this connection and ensure it is without kinks or (energetic) folds. It requires an aspect of complete*

*and total trust and a surrender of Ego - which is also excellent practice for the entirety of your motherhood journey. This is a direct line to your spirit baby and they are waiting to speak to you."*

**JOURNAL PROMPT**

Ask your first question to your spirit baby!



## CARD 26 - DIVINE FEMININE



*This is the essence of yourself that drives from the heart and does not seek to control. When you step into your Divine Feminine, you allow your spirit baby to lead the journey.*

### AETHER COMMUNICATION

For this card, Archangel Ariel informed me that they wished to be the representative of the Divine Feminine for the Aether Communication aspect. She is associated with nature, grounding, caring for the world outside yourself, compassion, and working with the earth's energies and elements. In order to get in touch with your Divine Feminine aspect, Archangel Ariel, working alongside your spirit baby, wishes you to ground yourself in nature and watch how your authentic self emerges. She wishes you to gain a greater understanding of surrender through this connection.

*"It is through the flow of nature that all is understood and all is seen. Your Divine Feminine aspect will thrive when you recognize and honour this reflection of yourself in Gaia. Meet us there, and we will help you better develop and understand who you are, for this path that stands before you."*

### CONCEPTION

For this card, Ascended Master Mother Mary informed me that they wished to be the representative of the Divine Feminine for the Conception aspect. Mother Mary is a perfect reflection of the Divine Feminine in action. She trusts her intuitive connection to Source and the messages that she receives. She is compassionate beyond measure. She surrenders to the path that has been written for her. She holds the world in a blanket of love and forgiveness. She is the Universal Mother and she wraps you in a cloak of love.

*"Hand your worries to me, my child, and know that I hold the hand of your baby. I will walk them in to be with you. Take comfort in my presence, take comfort in knowing I will help you trust in the path laid before you."*

### PREGNANCY

For this card, Goddess Isis informed me that they wished to be the representative of the Divine Feminine for the Pregnancy aspect. Goddess Isis is the Kundalini Rising within you. She is alive within that energy. She is the embodiment of Creator Energy, of emotional and spiritual presence. She is a cloak of compassion and trusts her intuitive self. She is a spiritual leader and the giver of Divine Mysteries. She calls you into dream work, intuitive understanding, and spiritual development of your gifts of sacred knowing.

*"I open my temple and invite you, sacred sister, into its halls. I open the Book of Presence and welcome you to read from it. I offer you the keys to your sacred gifts and, with the assistance of your spirit baby, open the door to the greater well of your Being."*

### **JOURNAL PROMPT**

What Divine Masculine qualities do you see in yourself that need to be balanced? What Divine Feminine qualities do you wish to amplify?

### **ADDITIONAL INFORMATION**

Human experience is about dualities, and that includes the influence of the Divine Masculine and the Divine Feminine aspect of the Self. For your motherhood journey, your Divine Feminine aspect takes center-stage. This is the essence of you that trusts your inner knowing. The Divine Feminine is able to receive: receive love, support, guidance, and abundance. It nurtures, it operates with the flow of seasons and cycles - and surrenders to that flow. It acknowledges emotions and embodies presence. It understands what it physically, emotionally, and spiritually needs and responds to those needs.

On the shadow side of things, the Divine Feminine can be:

- People-pleasing
- Self-sacrificing
- Embodying victimhood
- Emotionally overwhelmed
- Seeking external validation through performance over presence

You are being called to transform the shadows; to heal, unlearn, and transmute within yourself everything that keeps you from accessing the full power and grace of your Divine Feminine. You are being called to calm your Divine Masculine as you walk this path - the one that seeks control, mental and logical comprehension of circumstances, the need to act instead of feel - and step into the power of yourself as Creator, as an expression of Gaia, and surrender to the flow of this journey.

## CARD 27 - SOPHIA ENERGY



*Accessing the Sophia Energy within yourself is a way to unlock your spirit to infinite Divine Love and the peace that comes with knowing you are a creator of life.*

### **AETHER CONNECTION**

Women are infinitely connected to the Sophia Energy, which is the energy that the Christians call the Holy Spirit, united and woven within the feminine grace of Ascended Master Mother Mary. It is the power of the Divine working through wom[b]an. It is the creative energy that is harnessed within your womb which amplifies and spiritually births Truth and wonder. Your spirit baby is acknowledging this power within you, and knows it will be funneled into their conception and growth in the near future.

*“Though the Sophia Energy is unlocked with conception, the wisdom that comes with knowing of its existence and presence within you as a source of Divine Power is enough to funnel this Holy Spirit into meaningful, transformative, and mother-like endeavours, such as healing, compassionate care, and creative projects.”*

### **CONCEPTION**

You are a Creator. You are a life-giver. You have the wonder of the Holy Spirit within your womb. Tap into this knowing, this power, and harness it. It is fueled by the Divine Love that is shared between you and your spirit baby, and the embers fanned by the knowing that this path is yours to walk.

*“You need only request the key to unlock the door. Speak it into existence now, and it is yours. Your spirit baby moves in, swiftly.”*

### **PREGNANCY**

Through your conception, you have unlocked the doors to Sophia Energy - now where will you let it flow? It not only fuels the Divine Love shared with your spirit baby, but can also be harnessed and used in healing ways; healing for you, for your home, for your friends, for the Collective. Where will you channel this power? What more will you allow it to birth, as you create life within you?

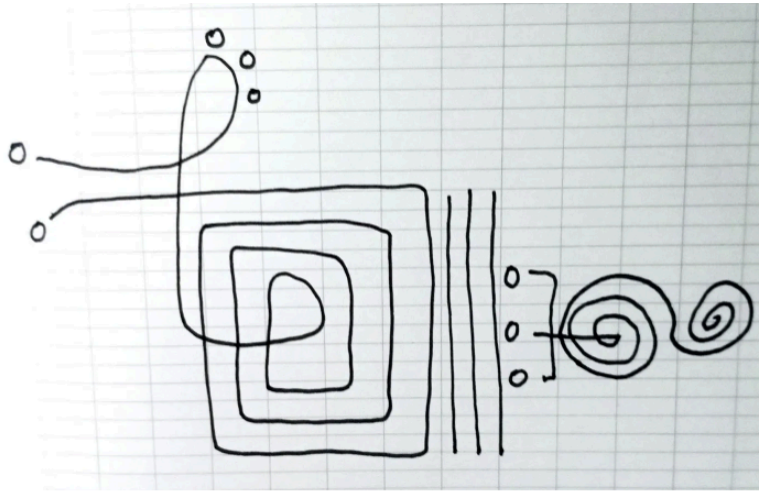
*“Your spirit baby is calling you to use this energy in a way that is transformative. Your spirit baby wishes you to use their presence within you, the very key to accessing this well of healing energy, as a tool to extend healing to the Collective through your power of creation.”*

## JOURNAL PROMPT

How does it feel knowing you are a Divine Creator and, in this lifetime, have chosen to be one with that energy?

## ADDITIONAL CHanneled INFORMATION

The Sophia Energy fuels the Divine Motherhood Connection - a portal created following conception.



*"This is the portal that is known as Divine Motherhood Connection which opened following conception.*

*Though the soul of the unborn hovers outside of the body until the sixth or seventh month, the soul bond is instantaneous between the mother and the soul that has chosen her. The magnitude of this bond plummets her metaphysical roots deep into liquid gold magma energy provided by Gaia, and amplifies her Crown's connection at infinite levels.*

*This begins the Awakening and rising of the Kundalini energy and provides a full-body amplification of the mother's connection and spiritual gifts. Now is the time - at this portal's Awakening - to focus on gift development and work on soul-centered projects. The completion will be much more rapid where there is access to this portal.*

*This portal closes when labour - the readying of the soul's arrival truly earthbound - begins.*

*This is the portal which funnels energy into nesting behaviours, as well.*

*The portal's [Activation design] invokes similarities to the ovaries of a woman, and a single ovary spiraling into infinitesimal space to grasp and create life. The "threes" represent Source and Divinity."*

## CARD 28 - TRUST



*Human Ego desires control, but you are being called by your spirit baby to trust in the Universe's Divine Timing. All will unravel as it should and when it should. Release your worries.*

### **AETHER CONNECTION**

Everyone will have a comment to make about the path you are choosing to take - on your own time - but with a trust in the Divine, those comments can dissipate into the nothingness from which they came. Find comfort in the knowing that your Ego has no place on this path, and that everything moving forward will be unraveled by the Universe as it is meant to, when it is meant to. Your spirit baby needs only your believe and trust in their existence - and their desire to come earthbound - for the rest to unfold as it should. Let timelines, planning, financial worries, and the rest, all disappear, leaving only trust behind.

*"Tune in, feel them present with you: your spirit baby, making themselves and their energy known to you. Is that enough? That should be enough. That should instill all trust, all comfort, and all security."*

### **CONCEPTION**

While the road may be complicated, frustrating, or taking longer than it should, remember that this is all your Ego talking. Spirit - and your spirit baby - knows that this was the plan, this was the lesson, this was the unlearning, and this is the perfect timing for their conception and then their arrival. No path worth walking doesn't come with a little fear and frustration, but it is a trust in the destination that makes the path much easier to walk.

*"All is unraveling as it should. All is happening as your soul contractually intended. You are Divinely supported. Hand your worries to the Universe, and put all trust in God."*

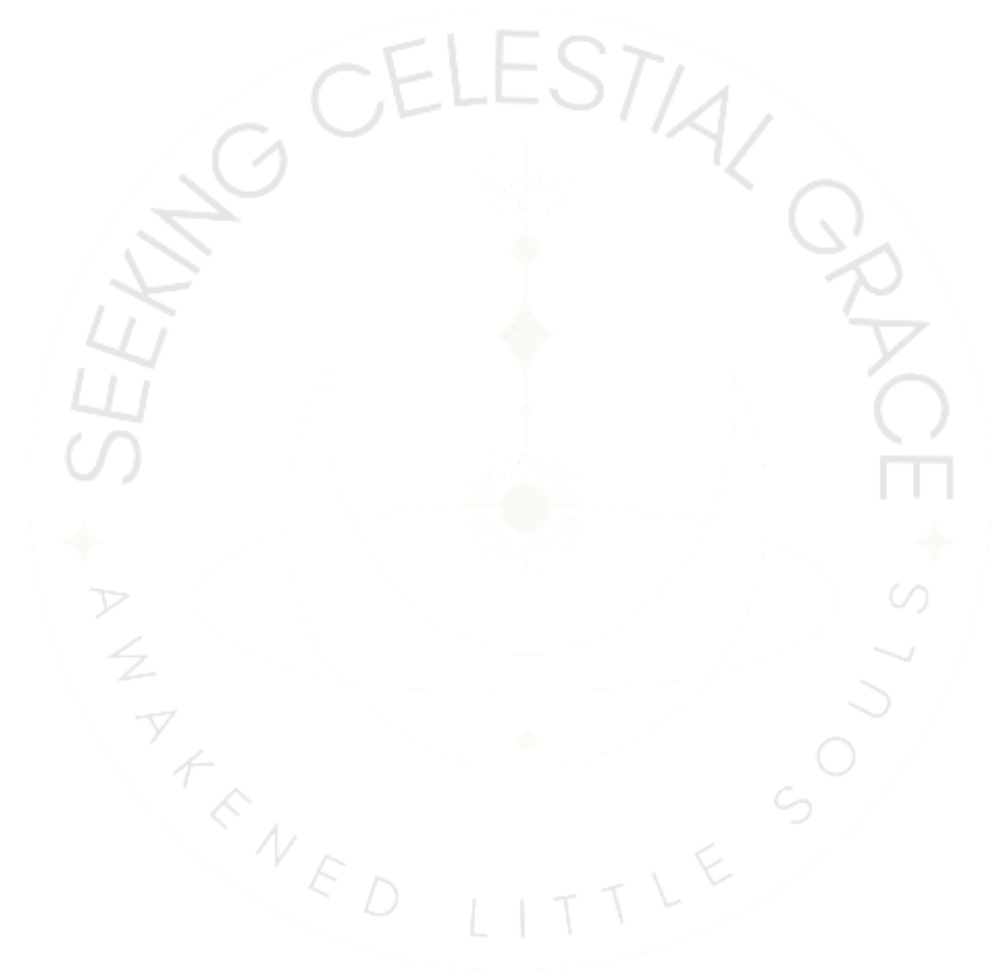
### **PREGNANCY**

Your belly swells, the nursery is unfinished, the doctor's appointments are endless, the tests have you overwhelmed and worried, the commentary from everyone outside of this are exhausting; there are so many factors that can shake up your trust. But your peaceful center can be found when you connect with your spirit baby and focus on the plan you've woven together. Settle there, in that space of trust and Divine love.

*"We tell you this: your spirit baby will not remember all the noise that existed outside of the safety of your womb, they will only soul-remember the moments you have taken to connect with their Love and honour them with your trust."*

**JOURNAL PROMPT**

What aspect of this journey is difficult for you to offer up to trust? Why? Where in your body is it felt?



## CARD 29 - CELESTIAL GATES



*Your spirit baby wants to enter under very specific celestial alignment, to ensure they are born with a birth chart that supports the life purpose they have planned.*

### **AETHER CONNECTION**

Just as you had a plan for a very specific set of stars and planets mapping up your birth chart, your spirit baby is no different. With this in mind, understand that there is no rush to unravel what your next step along this path will be, and instead you can connect with them in the aether and ask them for guidance around plans.

*"Astrology is a language that helps define the story of our spirit and our soul contract in this earthly lifetime. Everything chosen is intentional by your spirit baby, and with their future knowledge of how the sky will shift and turn and align, they can plan according to what is the ideal for their experience."*

### **CONCEPTION**

Knowing that your spirit baby has a celestial plan for their birth allows you to let go of the desire to control your conception too intensely. They understand how astrological formations will best allow them to formulate their earthly experience, personality, and story, and will plan *their own* conception around this knowing.

*"If it is not happening quickly enough for you, take solace in knowing that your spirit baby is mapping out the conception for the perfect birth alignment and arrival time."*

### **PREGNANCY**

Whether it's a scheduled induction, an unplanned c-section, or a natural birth that begins without expectation, your spirit baby has planned their earthly arrival - on their time, and in their own intentional way.

For my daughter, as an example, I had a scheduled induction due to her weight and my emergency c-section with my first. Despite numerous medical intervention attempts, all my inductions failed. I didn't have a single contraction despite three induction attempts. My daughter had other plans. Nearly 48 hours after our arrival to the hospital, she decided to come in by scheduled c-section - two days after the day I thought I might meet her (and not in the way I had expected she would exit). This was intentional, and as I begin to understand her personality, I see how it aligns perfectly with her birth chart. Her arrival was planned; her birth chart is her guide to achieving all she is meant to do in this world. I surrender to the knowing that she is the one who was in control of this planning, including her entry.

*"You can plan, you can organize, you can create the layout of exactly how you wish this to unfold, and I promise you: the control is an illusion. Trust in your spirit baby's plan."*

## **JOURNAL PROMPT**

Do you have a birth plan? If you had to sacrifice that birth plan, how would it make you feel?

## **ADDITIONAL INFORMATION**

When I was pregnant with my son and channeled him in a meditation, he said to me that, "the children that are coming will need to be cut out of wombs because they are beyond the human body," and, oddly enough (though not really because there are no coincidences), I gave birth to him via an emergency c-section. In addition, the few clients of mine with very "elevated" or "advanced" children I would later find out were also, strangely enough, birthed via emergency c-section. My friend gave birth to a "portal energy" baby - also via emergency c-section.

As already shared via channeling earlier in this text, all aspects of the journey of motherhood must be approached without Ego; all births are "natural" if they are free of Ego. We do not know our spirit baby's plan, and trying to control that plan will make it difficult to surrender when we are most vulnerable.

You have to be careful with some of the "natural birth movement" information being circulated. In ancient times, we were assisted with elixirs. In Atlantis and even Lemuria, we had advanced crystal healing. In Native cultures, they use herbs and psychedelics. The idea of "natural/unmedicated" birth actually began with the Catholic Church and their belief that the sin of Eve meant women deserved to feel the pain of birth; this was part of their fallenness and punishment.

And the "natural birth" movement was coined, interestingly enough, by a man. Take this excerpt from the book *Matrescence* by Lucy Jones (without question, the most honest and authentic book about motherhood I have ever read):

"As I read, I realized that we owe our contemporary fixation on 'natural childbirth' not just to feminists, or faith leaders who preached the value of pain, but in part to a mid-century English obstetrician called Grantly Dick-Read who coined the phrase. [...] From within this patriarchal conception of womanhood, the notion of "natural childbirth" was born. [...] It was not meant to hurt, he decided. [...] The 'modern' woman had lost the art of birth-giving, lost touch with her 'natural instincts' and instead was faced with the dangers of 'interference' [...] his contention that a 'child passes through a relaxed vulva with almost complete absence of sensation to the mother is stunning in its fantasy and physiological ignorance. [...] Perhaps the cultural obsession with 'natural' birth reflects the extent of our detachment from our bodies and from the Earth. We are so disconnected from the rest of the natural world that we don't know what 'nature' is: bodies failing, cuckoos pushing eggs out of nests, a weirdly small human pelvis and a big infant head,

illness and disease, shit and blood, ticks and cockroaches. 'Natural childbirth' in the 'natural world' often ends in infant or maternal death. 'Natural' childbirth can end in clitoral tears, sepsis, rectoceles, fistulas and psychosis."

I am hesitant of any and all movements that push, with aggression, the idea that suffering further, as women, is our gift as creators. We are a fractal of God/Source - Source does not suffer when it creates life. We do not need to either. (In that same vein, I am very much against medical professionals who underestimate our intuition as mothers, and neglect our wants and needs due to their pride.)



## CARD 30 - ASCENDED SOUL



*While you may be ready for your spirit baby's arrival, they may still have work going on in the aether. They need to tie up loose ends before coming earthbound.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

Your spirit baby is an Ascended Soul who is making the conscious choice to return to earth in this lifetime - even though they don't have to. An Ascended Soul is someone who has already achieved what the Buddhists would call *enlightenment*; they have experienced significant lifetimes on earth and have learned everything their soul planned to learn. As a result, they not only stayed in the aether for a multitude of years to guide earthly souls, but they *advanced* in their mentorship duties. They were essentially given more responsibility for earth's guidance.

Ascended Souls are similar to Ascended Masters, though they are not often known by name on earth. This means they haven't attached to a single identity they had on earth which creates a sense of martyrdom around their existence.

What does this mean for you, as a future mother? It means you will likely have a child who is a natural leader, but one who challenges you in new ways and asks big questions you might not always have the answer to. They could be coming to earth for two particular reasons: to have a very earthly, human, Ego experience, or to become an important healer while mankind is on the precipice of earth's Ascension. Usually, the first path will shift into the other at a turning point in their lifetime.

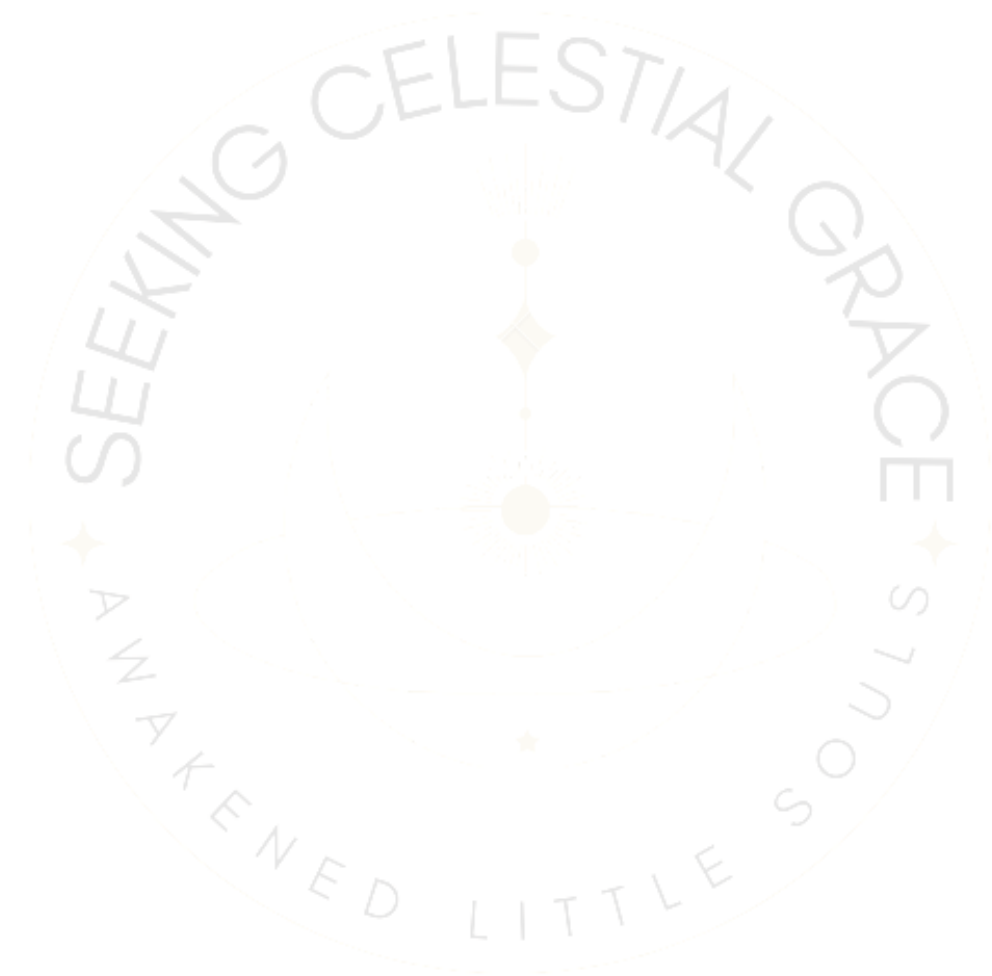
Because they are an Ascended Soul, you might be impatient for their arrival or their existence earthbound, but they are still performing important duties in the aether related to their Ascended status, whether overseeing the progression or Ascension of another human, or planning and making decisions from the aether for souls coming in. When they do enter, you may find they are hyper-aware and already seem in-tune with things beyond, likely moving at an advanced pace in comparison to other children.

More Ascended Souls than ever are entering earthbound. Our planet is at an extreme turning point where Light and Love is in the lead, and darkness is about to be snuffed out beyond recovery. This is why so many Ascended Souls are making the decision to "try life again," if you will; they want to be present for this shift, and feel they will make more of an impact if they are in the material world.

*“To mother an Ascended Soul is a lesson in humility, in grace, and in surrender. Hold no expectations, and carry no weight about this responsibility - it is not yours to bear, not your badge of honour to carry. You will walk in footsteps like Mother Mary, without the tragedy that lies at the end of that story. But the spotlight, the burden, for your spirit baby, will be present. This is **their** plan, and you must open your heart to what they intend to do - even if it is difficult to comprehend with human understanding.”*

**JOURNAL PROMPT**

How will you spiritually raise and guide your child to be the healer they have the potential to become?



## CARD 31 - ANGELIC INTERCESSION



*Your spirit baby is bonded closely with an archangel, angel, or angelic guide. The best way to connect with them is through connection with the angel that speaks most to you.*

***Please note that I was told the channeled message for this card would be the same for aether connection, conception, and pregnancy.***

### **AETHER CONNECTION**

If you are finding it challenging to pierce the veil and communicate with your spirit baby, they are inviting you to use a mediator - an archangel or angel that you feel most connected with - to assist in bridging the gap. Archangels can always step in and offer you guidance surrounding timelines, nourishment, or blockages that may cross your mind when planning your motherhood journey.

*"Call upon the archangels to intercede. Ask them to carry your weight, to ease your worries, to transmute all pain into healing. Know this: they offer themselves up as a bridge to communication with your spirit baby, and open the doors to that pathway of cosmic community. They only come when called upon, and if you know not which would best assist this need or transition period, we recommend Metatron and Michael as a leader in your journey to bonding and growth with your spirit baby."*

### **CONCEPTION**

Your spirit baby is holding the hand of an archangel, and, with their assistance, will be there for the energetic magic of conception. They ask you to connect with an archangel you feel most bonded with, but also invite Archangel Raphael to cancel, clear, and cut any and all blockages to conception, as well as using their mentorship to understanding what your body needs during this time.

*"Call upon the archangels to intercede. Ask them to carry your weight, to ease your worries, to transmute all pain into healing. Know this: they offer themselves up as a bridge to communication with your spirit baby, and open the doors to that pathway of cosmic community. They only come when called upon, and if you know not which would best assist this need or transition period, we recommend Metatron and Michael as a leader in your journey to bonding and growth with your spirit baby."*

### **PREGNANCY**

Your spirit baby is beginning to anchor in their human body, and with this anchorage, the lines to communication may become foggy, distorted, vibrationally unsound, or simply unclear. An archangel is ever-available and eager to become the "telephone line" between which you and

your spirit baby can communicate, offering you guidance and understanding on who they will be and what they need at this time.

*“Call upon the archangels to intercede. Ask them to carry your weight, to ease your worries, to transmute all pain into healing. Know this: they offer themselves up as a bridge to communication with your spirit baby, and open the doors to that pathway of cosmic community. They only come when called upon, and if you know not which would best assist this need or transition period, we recommend Metatron and Michael as a leader in your journey to bonding and growth with your spirit baby.”*

## JOURNAL PROMPT

Write a prayer of intercession and gratitude for the archangel of your choice.

## ADDITIONAL INFORMATION

Archangels and angels are non-denominational Ascended beings who heal, guide, and intercede when we ask for their assistance. Please remember that individuals we know who have passed do not become angels at their death; angels have not experienced an incarnation on earth and therefore embody a higher frequency.

If you are unsure which archangel would be best for the kind of comfort and connection you are presently searching for, this chart may help you:

Zodiac Period	Archangel Overseer	Themes
Aries (Mar 21 - Apr 19)	Ariel	Courage, leadership, action
Taurus (Apr 20 - May 20)	Chamuel	Love, beauty, abundance
Gemini (May 21 - Jun 20)	Zadkiel	Learning, communication, wisdom
Cancer (Jun 21 - Jul 22)	Gabriel	Family, nurturing, intuition
Leo (Jul 23 - Aug 22)	Michael	Courage, protection, sovereignty
Virgo (Aug 23 - Sep 22)	Raphael	Healing, service, growth
Libra (Sep 23 - Oct 22)	Jophiel	Harmony, beauty, balance
Scorpio (Oct 23 - Nov 21)	Jeremiel	Transformation, life review
Sagittarius (Nov 22 - Dec 21)	Raguel	Justice, truth, relationships
Capricorn (Dec 22 - Jan 19)	Azrael	Transition, wisdom, ancestral connection

Aquarius (Jan 20 - Feb 18)

Uriel

Innovation, insight, awakening

Pisces (Feb 19 - Mar 20)

Sandalphon

Spirituality, prayer, compassion



## CARD 32 - REGRESSION THERAPY



*Your spirit baby is suggesting past life regression therapy as a way to access and release your soul's blockages and confidently move forward on your motherhood path.*

### AETHER CONNECTION

Sometimes, we must unravel the aspects of our Self, the essence of who we are - and oftentimes, characteristics, fears, health challenges, and relationships are defined by our past lives and the karma woven within those lives. Your spirit baby is calling you to *optimize* your existence by considering a past life regression therapy session.

*"Within our past lives, we find the key to living our best present."*

### CONCEPTION

If you are finding challenges, trauma, fears, or roadblocks on your path to conception, your spirit baby is indicating that you may find the solution - or unlock the problem entirely - through past life regression therapy.

*"Every soul has contractually decided the lessons embedded in this present existence, but it often becomes clearer to understand these lessons when we are given a look into where they originated - our past."*

### PREGNANCY

Please note: past life regression therapy is not recommended while you are pregnant, as it can evoke intense emotions, soul memory of trauma, and other distressing experiences. But your spirit baby, in the case of this card, is indicating that you should learn about the process and consider it as a way to navigate any post-partum challenges that may arise.

*"If you still wish to explore what can be learned from the past and how it may apply to your present relationship with your unborn child, we gently suggest a visit to the Akashic Records."*

### JOURNAL PROMPT

When you consider that a fear, relationship issue, or a health issue is likely connected to a past life, how does that make you feel? When you think about this connection, what do you imagine the past life might have been like?

### ADDITIONAL INFORMATION

If you've never heard of Past Life Regression Therapy, I recommend reading anything by the author Dr. Brian Weiss, or check out the book *Journey of Souls* by Dr. Michael Newton.

I have had numerous very successful and healing past life regression sessions with Margot Borden ([margotborden.com](http://margotborden.com)). All her sessions are via Zoom so they can be done worldwide. She has been trained - twice! - by Dr. Brian Weiss. If you reach out to her, let her know I sent you!



## CARD 33 - SACRED LIBRARY



*You are being invited into the Alexandria Library of Spirit and your spirit baby wants you to find and open the spiritual text that calls most to you.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

The Alexandria Library of Spirit is a library of your soul, where you can enter and access books that will uplift your spirit and benefit your growth and Ascension. The books are real, tangible, material books - but when you read them, they feel familiar, give you a sense of *deja vu*, or ring immediately as Universal Truth. Your spirit baby is urging you to find a book that evokes that sense of deep understanding and soul growth to you. This can be found in an inspirational novel, but is, more often than not, found in a non-fiction piece of literature.

As a certified Book Therapist, recommending books to others is one of my greatest joys. Here are some texts that might inspire you, vibrate as familiar to your spirit, or lead to your personal betterment through greater spiritual understanding:

- The Journey of Souls by Dr. Michael Newton
- Only Love is Real by Dr. Brian Weiss
- Spirit Babies by Walter Makichen
- Celestial Genesis: A Spirit Baby Handbook by Claudia Amendola Alzraa
- Mothering in the Mountains by Claudia Amendola Alzraa
- The Mystical Messiah by Alan Cohen
- Matrescence by Lucy Jones

*"When we learn from others and become better through their words, we are inviting them along with us on our journey. They become a member of your soul community, and a pillar in your Ascension. When we are looking for a village, sometimes we may find that in books. Your spirit baby benefits from you taking the time to grow - spiritually, emotionally, mentally - and hopes you find yourself [and meet your spirit] within the pages of an inspiring text."*

### **JOURNAL PROMPT**

Close your eyes and visualize walking into the Alexandria Library of Spirit. What do you see? What does it look like? Walk up to a shelf, grab a book: what is on the cover? What words stand out to you? Try and do a Google search to see if that book actually exists, or find something similar!

## CARD 34 - FLYING STAR FENG SHUI



*You are being called to better understand how energy flows within your home and workspace. With a particular focus on the 'children' section of your home, adjust accordingly.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

Most people understand Feng Shui as decluttering, furniture layout, colour planning, and balancing the elements, but Flying Star Feng Shui goes beyond that. Within traditional Feng Shui, the West sector is historically associated with children and descendants. The best metaphor for the two and how they work together is this: Imagine your home as a garden. Traditional Feng Shui helps improve the soil, remove weeds, and create healthy conditions for growth. Flying Star Feng Shui acts like a weather forecast, showing where the sunshine, rain, and seasonal conditions are likely to appear throughout the year. Both systems are symbiotic. One focuses on creating a supportive environment, while the other helps you understand the changing energetic climate moving through your space.

Because Flying Star Feng Shui changes every year, I will not give you a compass layout here, and encourage you to do your own research. Pay particular attention to the following sectors:

- Future Prosperity & Joy - This sector is especially favorable for those welcoming new beginnings into their lives through pregnancy and family growth
- Study, Creativity & Romance - This is linked to fertility intentions, conception, and spirit baby connection

In addition, it is recommended to clear clutter and garbage (stops energy flow), and it does not hurt to pay particular attention to what has gathered in the West of your home.

*"We speak not to Feng Shui in particular but to the idea of energy: flow is necessary for not only conception but for the basis, which is communication. You cannot know, understand, and make changes for your spirit baby if the path to accessing that vibration is not clear. Changes in your environment will not only assist with this, but it will create a shift in your very Self, as well."*

### **JOURNAL PROMPT**

Take time to research and take notes on Feng Shui and Flying Star Feng Shui, paying particular attention to where you may need to make some changes in your home.

## CARD 35 - GENDER



*Your spirit baby wishes to choose a gender that is not only optimized for their own soul path and learning but also your own healing. Trust their choice.*

### AETHER CONNECTION | CONCEPTION | PREGNANCY

When my husband and I met, we discussed the names of our future children. When I was working through my fear around motherhood, I was having dreams about holding a little girl who had the name (we had initially planned). Then, when I found out I was pregnant, I told my husband: I'm sure it's the girl I was dreaming about. The energy of this baby felt like a *her*, but then, three months in, it shifted. And shortly after that, I discovered I was having a boy.

I didn't have gender disappointment, but I know many mothers who do. I have channeled what this experience represents in my book, *Celestial Genesis: a Spirit Baby Handbook*. In essence, gender disappointment is a lesson for the parent in releasing attachment, removing Ego, and unraveling what the greater lesson is when it comes to parenting the sex opposite than you anticipated. Sometimes, the gender your spirit baby has chosen has nothing to do with you at all, but is something important for the healing of your partner. But more often than not, the gender has been selected by your child specifically for their learning, growth, and spiritual development in this lifetime.

Remember: *they decided on this gender and you contractually agreed to them entering with this gender!* We must remove ourselves and our desires from what our baby chooses to be. We need to trust that, even if they were presenting to us in the aether as something different, they've ultimately decided upon a sex that is essential *for them*. To impose our ideas, ideals, and preferences on them is unfair, and it has been communicated to me that a spirit baby can feel this disappointment in the womb.

In the end, all spirit babies, regardless of gender, need one thing when they come earthbound: **love**. Remembering this allows you to remove attachment to gender preferences.

*"We have mentioned this before in Celestial Genesis but we mention it again: it is important to feel where in the body the disappointment or discomfort with a gender selection is located to better understand the purpose it serves and the learning it offers us. If you are able to remove all attachment to the gender your child chooses, joyful in the existence of your spirit baby as they are and as they choose to come earthbound, you are a step ahead on this motherhood journey!"*

### JOURNAL PROMPT

What negative aspects about parenting girls have you heard and embodied? What about for boys? How will you make time to unlearn these projected opinions?



## CARD 36 - FLOWER ESSENCES



*Flower Essences contain the energetic frequency of the plants they are derived from. Consider a regimen that is safe for pre-, during, and post-natal.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

Flower Essences are unmatched in vibrational impact and no other tool I have used in my day-to-day to benefit Ascension and spiritual growth has felt the way Flower Essences do; not crystals, not essential oils, not tarot or even oracle cards! Your spirit baby is calling you to learn about the healing properties of Flower Essences and how to implement them into their entry, connection, and your personal healing.

**Please note that if you are pregnant, please select Flower Essences that do not contain an alcohol carrier, and discuss the usage of these products with your midwife or doctor. I am not a healthcare professional, and usage of Flower Essences is at your own discretion.**

*So, what are Flower Essences, really?*

Flower Essences are vibrational remedies made from the energetic imprint of flowers, typically preserved in water and alcohol (like brandy). Unlike essential oils, they contain no scent and are not made from plant material itself – they carry the energetic signature or spirit of the plant. This makes them especially aligned with spiritual and emotional healing, rather than physical symptoms.

Flower Essences are widely present in French Parapharmacies and were something I only became exposed to when living overseas. It almost feels as if the secrets of this gift are being hidden in North America, especially since so many of my clients learn about them for the first time through me.

Flower Essences are made using a process that captures the energetic imprint or vibration of a flower, not its physical components. Essentially:

- The flower is harvested - mindfully
- The flowers are placed in spring water and are either left there for several hours with the light of the sun/moon (“sun steeped”), or they’re boiled in the water to release their essence
- The flowers are removed and the water becomes what is called a “mother essence”; to prevent spoilage, it’s mixed with very little alcohol (usually brandy)

*How do Flower Essences differ from Essential Oils?*

The TLDR version: Flower Essences heal the soul while essential oils support the senses and body - but there is so much more to it!

- Flower Essences are vibrational remedies made from flower energy (no scent) vs. Essential Oils which are physical extracts distilled from plant material (aromatic influence)
- Flower Essences work on emotional, spiritual, and energetic layers vs. Essential Oils which work on physical and mental layers, often used in body care
- Flower Essences are taken internally or applied to energy centers (though ingestion is my favourite method because of the intensity at which it works) vs. Essential oils which are typically applied topically (with a carrier oil or lotion) or diffused for inhalation
- Flower Essences are non-allergenic, safe during pregnancy, and can be used by children; essential oils may cause skin reactions, are not safe during pregnancy and should only be used via diffusion for children

*What are the key spiritual benefits of using Flower Essences?*

**Support During Ascension and Awakening** - This is the most important benefit of all, and it's one I want to touch upon right away. The vibrational impact that you feel upon starting a Flower Essence remedy is profound, while still managing to keep you grounded as you navigate new stages of Ascension along your spiritual journey. During periods of spiritual acceleration or if you are suffering from Ascension symptoms, Flower Essences can ground your energy and stabilize your emotional state. They often act like gentle guides during transformation, helping you stay centered while integrating new frequencies. They open you up while subsequently keeping you shielded and safe. It's incredible.

**Energy ReAlignment** - Flower Essences can subtly align your vibration, your auric sphere, and your Chakras. I find they help get your energy centers spinning in-tune with the Universe and help with blocked energy throughout the body. This is especially useful if you're having trouble navigating anxiety, opening up your heart to forgiveness, or even conceiving, just to name a few benefits.

**Connecting With Nature and Plant Consciousness** - Our ancestors knew the secret: plants and stones hold energetic frequencies that can heal us and help us navigate our emotional journeys in ways nothing else can. Using Flower Essences helps you tap into this plant consciousness and connect and ground with Gaia. Many people report intuitive messages or healing dreams after consistent use - for me, it felt like what I imagine being high feels like (I don't and have never done drugs).

**Pre- and Post-Natal Healing** - I used Flower Essences to unblock my Sacral chakra and found myself pregnant just three weeks later. I also used Flower Essences during my induction to calm my stress, and post-partum to calm my hormonal surges, soothe any PPD or PPA, and ground myself into this new identity and what it required of me. If you've experienced a loss or miscarriage, there are Flower Essences that can help you shift the energy of that grief.

*How would you recommend using them in spiritual practice?*

For me, it's as simple as a once-a-day two-week ritual of using the Flower Essence directly under my tongue at the same time, every day (usually night, as it opens you up to amazing dreams). Some people add them to water and then drink the water throughout the day. Others may pair their Flower Essence with a certain tarot or oracle deck - or pull - and use it as an extra tool for assisting the emotional alchemy of the reading you just had. And some folks anoint Chakra points directly, or even pick a different Flower Essence for every moon cycle.

How you use Flower Essences is up to you and what you feel drawn to, but I can guarantee you this: it will blow your mind and completely transform your spiritual practice in the most beautiful ways.

Anything you are looking to navigate, you'll probably find a Flower Essence to match it. My favourite brand is Bach Flower Remedies (he is the original "discoverer" of Flower Essences), and they can often be found on Amazon. The Bach Flower Remedies website has a lot of educational information about the Essences and how to choose the right one for you and your needs: [www.bachflower.com/bach-flower-remedies](http://www.bachflower.com/bach-flower-remedies)

*"You are a mirror of Gaia - as her mirror, you benefit most from the fruits of her Creation, the energy which lies at the depths of all she grows, mothers, nourishes. You will find this within Flower Essences, and from this, you will grow rooted in your motherhood experience and commune with Creation as you sit within it. These tools are Divine in essence, and it is felt in the physical body, impacted and shifted into Awareness. If your spirit baby has presented this tool to you, it is useful to ask why."*

### **JOURNAL PROMPT**

Take time to research Flower Essences and their remedies, making notes on different plants that stand out to you and what they assist with.

## CARD 37 - DOWNLOADS



*Your spirit baby is sending you soul downloads. These are upgrades to your spiritual body and physical self that help you step fully onto your Ascension Path.*

### **AETHER CONNECTION**

Perhaps you have remembered them upon pulling this card, or maybe it was subconsciously scribed upon your spirit as you slept, but your spirit baby is sending you downloads intended to upgrade your material body and ready your spiritual self for the motherhood path. They will take a few days to fully embody and it is recommended that you drink plenty of water, but you will feel a tangible shift by the end of the week that projects you onto a passionate path of healing.

*"Ah-lum-knee-mah-see-uhm, kel-lum-sah-ran-frey-yum\* – we speak this, and it is scribed: upon your heart, on your very spirit. With it, Awaken, dear one. Awaken to a new path, and walk upon it transformed. Transmute all that does not serve you, release and walk forward."*

*\*phonetically scribed*

### **CONCEPTION**

Whether you have felt at a roadblock on your fertility journey or are simply wondering the best time to begin, this card is a sign that your physical and spiritual self are being subconsciously transformed by your spirit baby in the aether. The work they are doing on your auric energy system and vibrational DNA is preparing your body to carry them.

*"Dah-mah-sah-rum, fen-nal-mah-zee-ruhm, eh-new-tum, fah-num, fah-num, fah-num\* – We are optimizing your womb as this is being read, we are scribing it with an energetic light that will heal and transform the space to carry your spirit baby to full term."*

*\*phonetically scribed*

### **PREGNANCY**

Congratulations, mama – your pregnancy has activated a physical and spiritual transformation that is guiding you even further on your Ascension path, all thanks to your spirit baby! If you wish for more guidance on what these downloads mean, how they can be used for your healing, and how they can guide you toward an even more secure and beautiful bond with your spirit baby, you are being told to ask before you sleep to be given more information in your dreams.

*“Ah-mun, seh-mah-rat, eh-lune-kahm, see-mahn, see-lu-rey-mahn, el-lu-mah-sey-man.\* It Awakens. You Awaken. A shift, of grandiose scale. A transformation of Self. A stepping into your full potential - as mother, as healer, as pillar for the Collective. You shall feel the shift in three weeks, but for now: it integrates. Accept it, allow it, receive it.”*

*\*phonetically scribed*

### **JOURNAL PROMPT**

As I was preparing the page for the guidebook about this card, I was told that you should tune into the energy of the download (simply by accepting it, receiving it with an open heart, and observing what it may feel like) and design, without thought, how this could be visualized on paper (see my lightcode for Card 27 for inspiration on how this may look when you are done).



## CARD 38 - GENERATIONAL TRAUMA



*It's important to apply deep heart-centered forgiveness for any trauma done to you in your youth. You must not carry anger, sadness, or resentment onto your motherhood path.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

One thing I learned in therapy was that trauma doesn't need to be big to create a lasting impact, to form an identity around that trauma, and to carry that trauma into new relationships. It is often helpful to remember that the authority and parental figures in our lives did the best they could with having not dedicated time to healing their own trauma. They did the best they could with the knowledge they had at that time, as parents, as parental figures.

Whether the trauma you are carrying from your youth is big or small, it deserves the healing love that comes with the energy of forgiveness.

Forgiveness doesn't mean an abandonment of boundaries or forgetting what was done to you, but *forgiveness means freedom*. You cannot be free of a person or the hurt they caused you without first offering complete forgiveness to that person from your heart-center. The energetic entanglement that exists without forgiveness will follow you onto your motherhood path, and you and your spirit baby do not deserve that.

I have seen, firsthand, what karmic burdens have done to the children of individuals carrying resentment and anger in their hearts. I have been witness to what children had to suffer as a result of their mother's unresolved energetic entanglements and lack of forgiveness. I will not list it here, but I will tell you this: they will reflect, in the physical world, what is energetically passed down to them. That can be freed with forgiveness.

Your spirit baby is asking you to let go, release, and free yourself from anything and anyone that has shaped you through pain, sadness, anger, or hurt.

*"Forgiveness is the primary lesson of the human experience, it is what brings humans back to the unity and Oneness that they share with the Divine Creator Energy. Forgiveness is the ultimate vibration of Love, and more often than not, it begins with forgiving yourself - and it is only then that you can move towards the forgiveness of others."*

### **JOURNAL PROMPT**

One practice I am fond of with regards to forgiving others - or asking for forgiveness - is to write a letter I will never send. The act of getting it all on paper is a release in and of itself, and it

helps me with the forgiveness process. Consider writing a letter you will never send, now, to free you and your spirit baby.



## CARD 39 - REIKI HEALING



*The Reiki Masters are calling you towards hand healing to prepare your physical and spiritual self for the arrival of your spirit baby.*

### **AETHER COMMUNICATION**

If you have drawn this card and are just looking for insight to aether communication with your spirit baby, I was told that you are being pushed toward not only having a Reiki session, but also looking into getting your Reiki Attunement (I). I was informed that, if you are at this stage in your motherhood journey, it will not only assist in an ease of conception when you are ready, but also allow for bonding through womb healing during your pregnancy.

*"You have been called to an attunement: please seek out a qualified, trusted, and high vibrational Master for this attunement."*

### **CONCEPTION**

Sometimes, it is the flow of energy that is blocked, stunted, or overactive that can influence the fertility journey. Your spirit baby is calling you to consider a Reiki Healing session to help clear, cancel, and cut any stale energy that may present issues or challenges during their conception (note: not other energy healing, not a different laying of hands - it is specifically Reiki that you are being called to).

*"Your womb, a temple, can house energy that can be compared to the visits of the the unworthy on holy ground. Just as you cleanse your home, your space, so your womb deserves the same attention - so your body does, too. Increasing the ease of flow is the way to do this; find a trusted and qualified Reiki practitioner."*

### **PREGNANCY**

A Reiki healing session will not only allow you to move forward in your pregnancy with ease, clarity, and confidence, but will also improve the energetic connection between you and your spirit baby, opening up doors to stronger and greater communication. For this aspect of the card, I was also told that you should look into sound healing for yourself.

*"The Reiki Masters open the door of conversation between you and your spirit baby. It is a door that allows for the perfectly optimized flow of energy and it us upon those energy waves that communication is successfully established."*

### **JOURNAL PROMPT:**

Reiki healing can often bring up things to the surface that make you emotional and might be triggering for you. What fears do you have about pursuing this avenue of healing? Why do you think your spirit baby wants you to face those fears?



## CARD 40 - LIGHTCODES



*Your spirit baby is of starseed origins and is transcribing lightcodes upon your womb, amplifying its energetic and vibrational frequency.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

*What is a lightcode/lightcode activation?*

The response channeled to answer this question is:

*"It is a light energy spark of remembrance that is individual to a soul's blueprint and unique for each individual. Some lightcodes are for the collective, while some are unique to personal spirits and starseeds. A lightcode activation awakens a soul-memory or contract that the individual has within them. Sometimes it is difficult to access these sparks on our own, and an activation assists in that Awakening process."*

**C:** Why are lightcodes important?

*A: "Lightcodes are like the compass and key on a map. We can look at a map and still feel lost if we do not reference the essential key and know precisely which direction we need to go to complete our mission and head home safely. In reality, lightcodes are keys to our heart – and our hearts hold our soul purpose."*

**C:** When a lightcode is inscribed upon the womb of a woman, what happens?

*A: "It becomes The Celestial Temple. It is marked as **holy, sacred, and consecrated ground**. We are bringing you to remember the encounter of Moses with the flaming bush: remove your sandals, for you are standing on holy ground. Remove all doubt, for your womb is holy in essence. This lightcode is creating an illuminated beacon through which your spirit baby is nourished, your connection amplified, and your title comprehended by all the cosmos as Creator is acknowledged. This, in turn, raises your overall vibration and this is extended into the Collective, offering healing and additional downloads, personal to their Being, to emerge."*

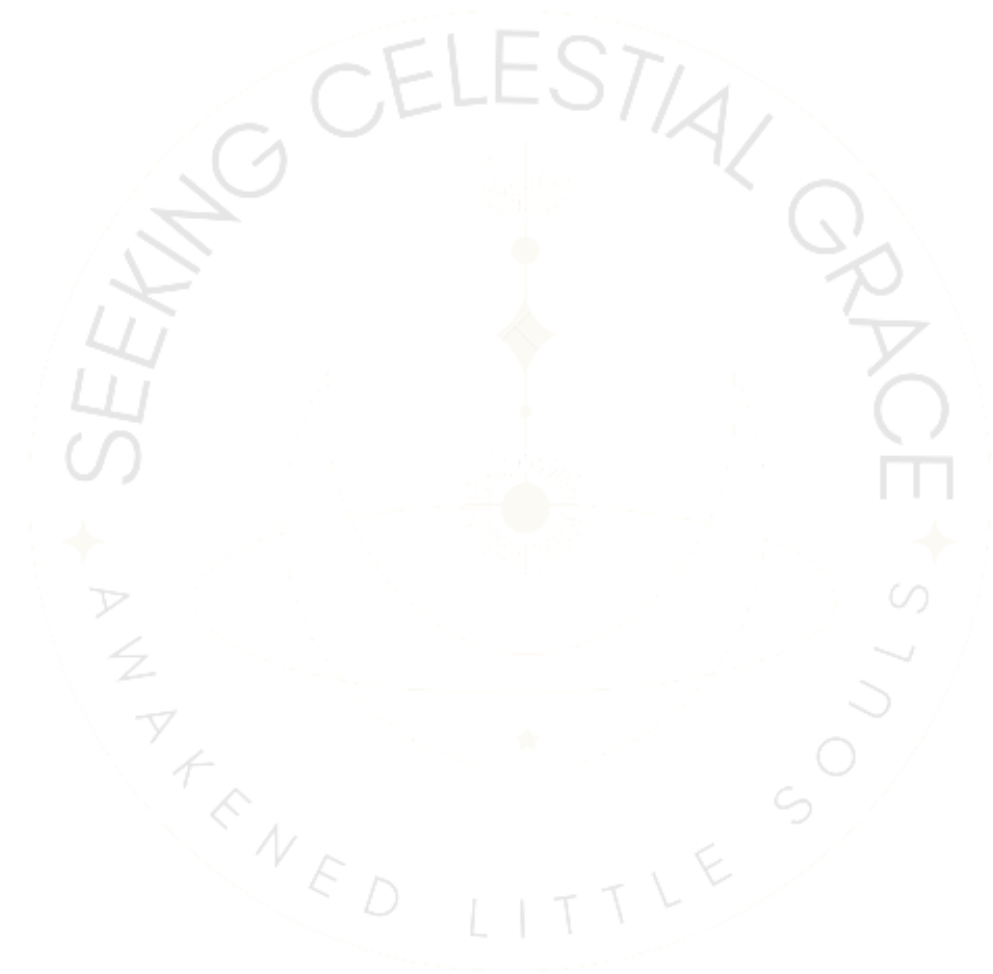
**C:** When a child is of starseed origins, what does that mean?

*A: "Their soul originated on another planet, a celestial planet outside of Earth - usually within the same galaxy, which explains their curiosity with the earth experience. This can impact their personality in a unique set of ways. They are often feeling "not of this world," and they can be extra sensitive or empathetic. They will feel connected to the stars, planets, the moons, and will automatically be drawn to a quest of the discovery of the Self. With this, they also bring galactic wisdom - such as light language and*

*the ability to access and share lightcode downloads - and will use this for healing, often in their dream state or through subconscious work."*

**JOURNAL PROMPT**

When you tune into the energy of your spirit baby, what design emerges? Have a look at Card 27 - Sophia Energy for an example of a lightcode.



## CARD 41 - LUMERIAN CODES



*Your spirit baby was present during the existence of Lumeria, and is illuminating the crystalline codes of that peaceful time onto your heart and in your womb.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

Lumeria or “Mu” is the place that inspired the Christian idea of Eden. Those who wrote of the Creation story in Eden were experiencing soul memories of Lumeria. The only difference is that there was not a very obvious separation of gender; though individuals could identify strongly with a Divine Feminine or Male aspect of themselves. Those who chose a Divine Feminine path could grow life and give birth, but it was painless, sacred, and honoured.

If your spirit baby has memories of their time in Lumeria, they also have innate wisdom about the healing and crystalline magic of that timeline. In my mind’s eye, I am able to visualize your spirit baby using a long, cylindrical, bright violet crystal to scribe in the air, and as they do so, the marks they made manifest as tangible lines of light in the sky. This is how they are scribing these codes, these downloads, onto your heart and womb. They are literal markings of Light and Divine Healing upon you.

Since they are Lumerian Codes, they are codes of peace, they bring an easing of pain, worries, and suffering, and they honour you as sacred Creator.

*“Lumerian beings who have reentered into earth for a human existence and experience are consistently looking for and longing for that peace in the present. They will search high and low for it, and be drawn to tools and avenues of healing that are high vibrational and seemingly “not human.” Your spirit baby longs for a bubble of peace, an eden, and they know you are able to give this to them. It begins with your womb, and they are illuminating it to become the bubble of Eden that they know you will carry them in.”*

### **JOURNAL PROMPT**

What Lumerian wisdom is Awakening within you? What must you remember about peace, creation, and your own sacred power in order to welcome your spirit baby?

## CARD 42 - ATLANTEAN CODES



*Your spirit baby was present during the challenging existence of Atlantis, and, as such, is healing your fears and worries with the crystalline energies of that time.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

Contrary to popular belief, Atlantis was not an idyllic and blissful time. Though it was technologically and spiritually advanced, it was created with Ego as a central aspect and, as a result, was very fallen. A lot of experiences around suffering, greed, pride, and control happened in Atlantis.

Individuals who had a lifetime (or more than one) in Atlantis often carry with them the trauma from that lifetime, and with that trauma, a greater understanding about how fear can control someone and dominate the trajectory of their life. Your spirit baby carries wisdom about the dark side of fear, and how it is the polar opposite of God's Love, and with that knowledge, they are clearing you of all fears and worries surrounding your motherhood journey.

You are being called to look further into the healing energy of crystals - a coveted and powerful healing tool of the Atlantean time, but one they could never fully untap and control. Your spirit baby wishes you to wear, carry, or organize crystals in your home, in a way that amplifies protective energy, cuts through the energy of fear and dissipates it entirely, and protects you from any incoming negativity or fear-based vibrations.

Your spirit baby will come in with great soul wisdom about how fear does not serve the human experience, and they are already a great beacon of Light for healing and transmuting that fear on your motherhood path.

*"The path of motherhood is one that is surrounded fully and completely in the blanket of Divine Love and Creator Energy. With this knowing, fear cannot even penetrate the stitching. It has no place or purpose, and it does not serve but dominates. Your spirit baby knows this, and wishes to eliminate any and all fear with the power of their crystalline healing wisdom, and through the transmutation of your cellular fear."*

### **JOURNAL PROMPT**

Ask your spirit baby: What wisdom did you carry forward from Atlantis, and how can it help me trust my motherhood journey more deeply? Write the answer that comes to you, without doubt or hesitation.

## CARD 43 - AKASHIC RECORDS



*Your spirit baby is inviting you into the Akashic Records to uncover lifetimes shared, to ensure the present incarnation is one that thrives under that spiritual awareness.*

### **AETHER CONNECTION**

The Akashic Records work that you are being asked to focus on for your spirit baby's arrival surrounds a deeper understanding of your identity and soul purpose, enabling you to create a solid foundation of who you are prior to walking the motherhood path.

*"Through the establishment of a foundation of who you are, what you serve, and what your soul purpose is, you are able to build any walls, any buildings, any castles; knowing, if they were to ever crumble, you could return back to **you**."*

### **CONCEPTION**

The Akashic Records work that you are being asked to focus on for your spirit baby's successful connection requires a deeper understanding of health concerns from past lives that may be energetically lingering in the present, and difficult motherhood experiences that you could address to eliminate fear.

*"The easiest road to conception comes with the release of any fragments and whispers of you that may be trying to steer you away from it."*

### **PREGNANCY**

The Akashic Records work that you are being asked to focus on for your spirit baby's arrival earthbound requires you to observe and study feminine strength and resilience through your past lives, and the goddess-like energy you carried into those lifetimes - and still have, woven in your spiritual and cellular DNA, in this incarnation.

*"The images of the goddess on earth have swollen breasts and belly; growing life in the womb and ready to nourish that life on earthbound arrival. Do not forget that that image was modelled after **you**."*

### **JOURNAL PROMPT**

Find a guided meditation that leads you to your Akashic Records. Write what you see or what was found when you are finished, so you can reference it for personal healing.

## CARD 44 - HOPE



*Beyond any doubt, fear, or worries, find the flame of hope. Your spirit baby cradles this flame in their hands and offers it to you, calling you to warm yourself in its comfort.*

### **AETHER CONNECTION | CONCEPTION | PREGNANCY**

Creation is sacred. You are sacred. Your body is holy. You are holy. Hope is not wishful thinking. Hope is soul knowing.

It is the quiet voice within that remembers what the mind has forgotten. It is the ember that remains alive even when fear attempts to extinguish it. It is the certainty that something sacred is unfolding, even when you cannot yet see the full picture.

Your spirit baby comes forward at the conclusion of this deck to remind you that your journey is not governed by fear, timelines, doubt, or perceived obstacles. It is guided by Divine wisdom, a sacred knowing, woven into existence long before either of you planned to enter in this lifetime.

Your womb is not merely a physical vessel. It is a Celestial Temple. A living sanctuary of creation. A bridge between worlds where spirit becomes matter, where love becomes life, and where souls are welcomed home. The connection between you and your spirit baby is *alive and eternal*. Nothing can sever what has been written within the soul. *The flame your spirit baby offers you is the remembrance of this truth.*

*"Hope is the flame of Divine Love, it is the eternal and all-wavering trust in the Universe and the plans unfolding as our soul intended. Your spirit baby is the keeper of this flame, as a promise to what you've already agreed to with one another, and as a reminder, a warmth, when you feel disconnected from the energy of who they are and all they plan to accomplish - with you."*

### **JOURNAL PROMPT**

Speak to your spirit baby and trust the door to that connection. This deck has been a reminder that you hold the key. Ask and say to your spirit baby: What truth would you have me remember when hope feels far away? Show me the flame of hope you carry for our journey, and teach me how to trust its light.

## ABOUT THE AUTHOR & DECK DESIGNER



Claudia (Cloud) Amendola Alzraa is a Canadian who followed her dreams to France and is now living the most abundant and beautiful life in the French Alps. She is an author and clairaudient medium for her personal businesses, Seeking Celestial Grace and Awakened Little Souls.

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